

# Services Covered by EPSDT

EPSDT Service include (but are not limited to) the following services.

## Hospital Services

- ♦ Ambulance to and from hospital/emergency room
- ♦ Inpatient hospital care
- ♦ Outpatient hospital care (day visits)
- ♦ Emergency room visits

## Physical Health Care

- ♦ Physician/nurse practitioner services: routine check-ups, illness related visits
- ♦ Dental visits: routine check-ups cleanings (including accommodations for children with special needs), fillings, preventative care
- ♦ Vision care: eye exams, glasses
- ♦ Hearing care: hearing tests, hearing aides, cochlear implants
- ♦ Immunizations: according to established schedule
- ♦ Lab tests/x-ray services: including blood lead tests
- ♦ Podiatry care: including orthotic inserts

## Mental Health

- ♦ Psychiatrist visits
- ♦ Mental Health therapy/counseling
- ♦ Inpatient psychiatric hospitalization

## Medications and Pharmacy Supplies

- ♦ Prescription drugs
- ♦ Diapers
- ♦ Special foods: diet supplements, thickeners

## Home and Community Services and Therapies

- ♦ Private duty nurses
- ♦ Personal care/personal assistance services in the home, feeding, bathing/personal hygiene, transferring, following behavior plan
- ♦ Physical Therapy
- ♦ Speech, hearing, and language therapy

## Supplies/Equipment

- ♦ Durable medical equipment; wheelchairs, ankle/foot/leg braces, monitors, catheters, oxygen equipment, nebulizers.
- ♦ Augmentative communication devices: communication aides, optical headpointers, headsets
- ♦ Diabetic supplies: insulin pumps, glucometers, syringes
- ♦ Prostheses

## Other Services

- ♦ Transportation to and from doctor's appointments, therapy visits
- ♦ Case management

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# EPSDT and NH Healthy Kids Gold



Supporting All Children,  
Especially Children with  
Special Health Care Needs



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If your child is enrolled in NH Healthy Kids Gold, there is a full health care benefits package called EPSDT, sometimes referred to here in NH as CHAP, Children's Health Assurance Program.

EPSDT stand for *Early Periodic Screening, Diagnosis, and Treatment*, and is part of NH's required Medicaid package. Through EPSDT federal Medicaid law requires NH to provide a wide range of *medically necessary services* for eligible children. These benefits include physical and occupational therapy, personal care attendants (LNA), communication aides and many other critical services.

Under EPSDT, Medicaid eligible children and youth are entitled to regular check-ups and full physical and mental health care from **birth to age 21**.

Your child can have an EPSDT screening because of:

- Illness
- Normal development concerns
- A change in his/her disability/condition

## What the Letters Stand For

### EPS = Early Periodic Screening

This is regular comprehensive assessments of health. Includes check-ups in physical health, dental health, vision and hearing.

Screening addresses normal developmental concerns as well as signs of illness or change in health.

### DT = Diagnosis and Treatment

Diagnosis and treatment are triggered by the screenings. Any illness or condition that is discovered during a screen must be treated and covered by EPSDT. Conditions do not have to be "new" to be treated.

It is important to know that under EPSDT, all pre-existing conditions must be fully treated and cared for.

## Requirements for EPSDT Services

EPSDT law has certain requirements that must be met in order for a service or treatment to be administered. For a treatment to be covered by EPSDT, it must:

- ♦ Be medically necessary;
- ♦ Fit within a recognized Medicaid service category; and
- ♦ Be prescribed and provided by a Medicaid physician/provider (i.e. one who has an agreement with the state).

An **unofficial** definition of medical necessity is the decision by a health care or other related professional that a child's condition requires that a recognized service, intervention, or course of treatment be provided in order to address or improve the condition.