

Audio Tapes

GRAY MATTERS: PAIN AND THE BRAIN

Dana Alliance for Brain Initiatives, 1994

Pain, the "Quiet Epidemic" as experts call it, disables more people than cancer or heart disease. This audio tape explores medicine's quest to relieve the suffering caused by chronic pain. (60 minutes)

GRAY MATTERS: THE DEVELOPING BRAIN

Dana Alliance for Brain Initiatives, 1995

This audio tape is hosted by CNN anchor Judy Woodruff and pioneering brain researcher Carla J. Schatz, PhD. It explores the formation and growth of a child's brain from conception to age 10.

GRAY MATTERS: A PUBLIC FORUM ON THE AGING BRAIN

Dana Alliance for Brain Initiatives, 1995

This audio tape discusses the latest research in memory loss, depression and stroke.

METAMUSIC: MASTERWORKS

Interstate Industries

Performance by the Archangels Chamber Ensemble designed to help with relaxation. Hemi-sync sound patterns are said to facilitate synchronized brain wave activity.

METAMUSIC: INNER JOURNEY

Interstate Industries

Creator Mohammad Sidigh, PhD has made a career of using music in the control of pain at the Gateway Institute in Bethlehem, PA.

NH Family Voices Lending Library

Books About Brain Conditions and Brain Injury



NH Family Voices

1-800-852-3345 X 4525 or (603) 271-4525

www.nhfv.org

New Hampshire Family Voices has available the following books in the lending library. Childrens books are marked with a ♥.

Books are sent through the mail with a postage paid return envelope. For more information call:
1-800-852-3345 X 4525.

Depompei, Roberta PhD & Cluett, Bob

♥ **ALL ABOUT ME!**

Lash & Associates Publishing / Training , 1998

This book is designed for elementary and middle school children who have sustained a brain injury. It will help them to recognize and communicate their needs to members of the family, as well as therapists, teachers and community members.

Depompei, Roberta PhD

♥ **ALL ABOUT ME! MY LIFE AS A TEENAGER**

Lash & Associates Publishing/Training, 2000

This booklet is designed to be used by a teenager who has sustained a head injury - it provides a portfolio of information, from names and numbers of people who help, to checklists of areas of need.

♥ Snyder, Heather PhD

ELVIN: THE ELEPHANT WHO FORGETS

Lash & Associates Publishing / Training, 1998

After a tree limb falls on young Elvin the elephant's head, he has difficulty remembering how to count, is bothered by noise, and feels frustrated and sad. He sees a neuro-psychologist and comes to understand his injury and to realize he is still special.

♥ Melton, David

A BOY CALLED HOPELESS

Landmark Editions, Inc., 1986

Although this story is fictional, it is based on real life stories of children with brain injuries and the struggles they have recovering. Easily read by adolescents to adults.

Savage, Ron, ED.D.

THE CHILD'S BRAIN: INJURY AND DEVELOPMENT

L&A Publishing/Training, 1999

This booklet provides information on how the brain works, how injury disrupts function and how the brain develops.

Voss, Judith MA; Cooley, Elizabeth PhD; Glang, Ann PhD; Todis, Bonnie PhD; & Lash, Marilyn MSW

BUILDING FRIENDSHIPS: WHEN STUDENTS HAVE SPECIAL NEEDS

Lash & Associates, 1999

This booklet provides the framework for social facilitation to establish a program to help students with brain injury to build friendships with their peers. Accompanying video.

Lash, Marilyn, MSW; Woolcott, Gary M.ED; Pearson, Sue MA

SIGNS AND STRATEGIES FOR EDUCATING STUDENTS WITH BRAIN INJURIES: A PRACTICAL GUIDE FOR TEACHERS AND PARENTS

Lash & Associates Publishing/Training, 2005

This book illustrates useful classroom strategies as well as addresses common "myths" about brain injury. Transition issues, upper grade issues are also addressed. Sample worksheets, checklists included.

Russell, Ronald ED

USING THE WHOLE BRAIN: INTEGRATING THE RIGHT AND LEFT HEMI-SYNC

Hampton Roads, 1993

This book tells the stories of people who use Hemi-Sync to gain new control in their lives. Hemi-Sync uses a patented system of sound signals, voice instructions and music to synchronize the two hemispheres of the brain. (2 Metamusic cassettes are available upon request).



Mahanes, Frances F.

A CHILD'S COURAGE, A DOCTOR'S DEVOTION - TRIUMPH OVER HEAD TRAUMA

A moving and instructive story of a ten year old boy and his recovery from a severe head injury.

Singer, George H.S. PhD; Glang, Ann PhD & Williams, Janet
CHILDREN WITH AQUIRED BRAIN INJURY - EDUCATING AND SUPPORTING FAMILIES

Paul H. Brookes, 1996

Practical tips for professionals and families. Covers behavioral changes, substance abuse, school re-entry, sibling needs, service coordination and vocational concerns. Insightful case studies illustrate the challenges facing children with brain injury.

Glang, Ann PhD; Sohlberg, McKay Moore, PhD; Todis, Bonnie, PhD

COMPENSATORY SYSTEMS FOR STUDENTS WITH BRAIN INJURIES

L&A Publishing/Training, 1999

This manual is designed to assist educators and parents in choosing, implementing and evaluating organization skills for children at the middle and high school levels. Also useful info for students with organizational issues as a result of other learning disabilities.

Lash, Marilyn MSW; Cluett, Bob

A MANUAL FOR MANAGING SPECIAL EDUCATION FOR STUDENTS WITH BRAIN INJURY

Lash & Associates Publishing/Training, 1998

From parents, educators & advocates, this covers steps to insuring an appropriate education for students with a brain injury - assessment, information gathering, referral, service coordination, advocacy & evaluation. Worksheets and tips included

♥Bellush, Terri Rice

ALL ABOUT ME (AND MY SHUNT)

Trafford Publishing, 2004

A young girl, Janet, talks about her shunt and how it keeps her feeling well. Colorful crayon illustrations and simple language make this a perfect story for a child with a shunt, to explain shunts to siblings or classmates.

♥Farndon, John

THE BIG BOOK OF THE BRAIN: ALL ABOUT THE BODY'S CONTROL CENTER

Peter Bedrick Books, 2000

General information about the human brain, and fascinating facts. Well illustrated.

♥Treays, Rebecca

UNDERSTANDING YOUR BRAIN: LIFTING THE LID ON WHAT'S INSIDE YOUR HEAD

Usborne Publishing, 1995

Basic information and colorful cartoons answer questions about the human brain. (What is it made of? What is a thought? How do you remember?)

♥Perez, Annette

MY BRAIN WON'T FLOAT AWAY

Campanita Books, 2007

8 year old Annie doesn't know why one of her hands is smaller & she has trouble with some things, until her mother explains hydrocephalus. (Spanish/English)

♥Batchelor, Rosemary

BENNY GETS BETTER AND BENNY'S TEAM WINS

The Association for Spina Bifida and Hydrocephalus

A pair of stories about Benny, a cute little bear, who in the first story feels poorly until he has a shunt placed. In the second story, Benny is racing off to sports camp and having fun with all the other bears.

Schoenbrodt, Lisa ,Editor

**CHILDREN WITH TRAUMATIC BRAIN INJURY:
A PARENT'S GUIDE**

Woodbine House, 2001

Covers the immediate medical and therapeutic needs of a child who sustains a traumatic brain injury, as well as the long term effects. Includes information on management strategies, educational issues, and legal issues.

Goldberg, Stephen, MD

**CLINICAL NEUROANATOMY MADE RIDICULOUSLY
SIMPLE**

Medmaster, Inc., 1997

Trying to understand the brain, brain stem and spinal column and how it works? This book is a bit technical, but it's a lot easier to understand than most medical books.

Toporek, Chuck & Robinson, Kellie

**HYDROCEPHALUS: A GUIDE FOR PATIENTS,
FAMILIES AND FRIENDS**

O'Reilly, 1999

Information on selecting a neurosurgeon, treatment options, participating in care plans, recognizing symptoms which need treatment and keeping medical records. Includes extensive resource listings and tips for school.

Senelick, Richard MD & Dougherty, Karla

**LIVING WITH BRAIN INJURY: A GUIDE FOR
FAMILIES** (2nd Edition)

Healthsouth Press, 2001

This book provides an overview of the impact of a brain injury, defines the degrees of injury and discusses rehabilitation (including tips on choosing a rehab program). Also answers questions commonly asked by families.

Rife, Janet Miller

**INJURED MIND - SHATTERED DREAMS - BRIAN'S
JOURNEY FROM SEVERE HEAD INJURY TO A NEW
DREAM**

Brookline Books, 1994

This is a story of a college student, who as a result of a car accident, has a severe brain injury. This book looks at the struggles of the family as well as their son's road through rehab and his struggle to rebuild his life.

Orto, Arthur E. Dell & Power, Paul W.

**HEAD INJURY AND THE FAMILY - A LIFE AND
LIVING PERSPECTIVE**

PMD Publishing Group, Inc., 1997

This book covers the families adjustment to a head injury, as well as tips for parenting in the rehabilitation process. Issues such as counseling, alcohol abuse, loss and grief and hope and optimism are addressed. Many statements from families and survivors.

Becker, Suzy

I HAD BRAIN SURGERY. WHAT'S YOUR EXCUSE?

Workman Publishing, 2005

A very funny and touching, but in your face, look at Suzy Becker's diagnosis with a benign tumor, her surgery and recovery. She honestly discusses what it is like to live with memory issues post injury. A mixture of text and cartoons tell the story.

Armstrong, Nicky & Heal, Jeanne

SAVING JESSE

Tendre Books, 1996

This book describes a boy who went through all the stages of Rasmussen's Syndrome, a rare brain disease that affects primarily children and leads to a progressive loss of brain tissues in one cerebral hemisphere.