

Books On Behavior



♥You may also find additional books on behavior in our lists on specific topics. For example, books regarding behavior and social skills for children with ADHD would be found in the ADHD book listing.

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NH Family Voices
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NH Family Voices has available the following books
in the lending library.

Books can be requested by phone or via our website, and are
sent through the mail, with a postage paid return envelope.

Adams, Christine PhD & Fruge, Ernest PhD

***WHY CHILDREN MISBEHAVE AND WHAT TO DO ABOUT
IT***

New Harbinger, Inc., 1996

Understanding why a child acts out or misbehaves leads to ways
to change the behaviors. This book explores things like temper
tantrums, not sharing, lying, bad language, interrupting, teasing
and more.

Phelan, Thomas W. PhD

***1-2-3 MAGIC: TRAINING YOUR CHILDREN TO DO WHAT
YOU WANT!***

Child Management, Inc., 1995

Addresses the difficult task of child discipline with humor, keen
insight and proven experience. Provides easy to follow steps for
disciplining children 2-12 without yelling, arguing or spanking.
Discusses a method of managing a child with ADD.

♥ We also have the 3rd edition of this title, published in 2003.

Clarke, Jean Illsley

TIME-IN: WHEN TIME-OUT DOESN'T WORK

Parenting Press, Inc, 1999

The "Time-In" process helps you "get through" to your children.
This process can prevent many problems because it is an overall
approach that teaches children how to be competent, to think
and to succeed.

Newlon, Irene Clouse

***S.K.I.T.: SUPPORT FOR KIDS IN TRANSITION
KIDSRIGHT, 1998***

This colorful books offers a simple, but comprehensive set of
activities to support children ages 1-3 through transitions such
as divorce, moving, unemployment.

Durkin, Lyons Lisa

PARENTS AND KIDS TOGETHER

Warner Books, 1986

Full of creative ideas and activities to make of time spent
together. Includes tips on organization as well.

Adderholdt, Miriam PhD, and Goldberg, Jan

***PERFECTIONISM: WHAT'S BAD ABOUT BEING TOO
GOOD?***

Free Spirit Publishing, 1999

This book helps identify perfectionistic tendencies, the reasons
for them as well as ways to ease up and get it under control.

Swallow, Ward K.

***THE SHY CHILD: HELPING CHILDREN TRIUMPH OVER
SHYNESS***

Philip Lief Group, 2000

This insightful book helps parents recognize the good side of
shyness and to address the problems in a step-by-step manner.
Scriptwriting, role-playing and rehearsing are used.

McCoy, Elin

WHAT TO DO... WHEN KIDS ARE MEAN TO YOUR CHILD
Readers Digest Book, 1997

Answers questions regarding bullying and rejection and offers
age-based suggestions for teaching kids to manage behavior.



Stokes, Jim

THE SURVIVAL GUIDE TO STEP-PARENTING

Blue Bird Publishing, 1992

Helps people who are dealing with stepchildren, ex-spouses and the problems created by these new relationships. Explores the myths about step-parenting, discipline, unexpected custody and loyalty are among the issues explored. Real examples and solutions.

Gardner, Richard A MD

UNDERSTANDING CHILDREN

Jason Aronson, Inc., 1973, 1994

A gold mine of information for parents which will help them to understand what is going on in the minds of their children. Not an idealization of family life but rather a humane and honest way of dealing with all the facts of current social and family life.

Downey, Martha Kate

IF YOU'VE EVER WANTED TO CRAWL IN THE CLOSET WITH AN OREO.... TIPS FOR PARENTING A CHILD WITH SPECIAL NEEDS

Potential Unlimited Publishing, 2000

Full of tips on coping with the stress of raising a child with special needs. A healthy dose of reality and humor!

Galinsky, Ellen

THE SIX STAGES OF PARENTHOOD

Addison-Wesley Publishing Co., 1981, 1987

The many stages of parenting are mapped out in this book. For example, the nurturing stage, the authority stage, and the departure stage. Interesting reading.

Baker, Jed PhD

NO MORE MELTDOWNS: POSITIVE STRATEGIES FOR MANAGING AND PREVENTING OUT-OF-CONTROL BEHAVIOR

Future Horizons, 2008

An easy to follow, four step model that will help to avoid the power struggles with children and prevent those grocery store meltdowns. Tips on managing emotions and adjusting expectations, calming strategies, understanding & preventing meltdowns.



Pantley, Elizabeth

KIDS COOPERATION: HOW TO STOP YELLING, NAGGING, PLEADING AND GET KIDS TO COOPERATE

New Harbinger Publications, 1996

Punishment vs. discipline, self-esteem, handling anger and ways to keep the peace.

Crary, Elizabeth

HELP! THE KIDS ARE AT IT AGAIN!

Parenting Press, 1997

Tips to help parents teach children how to get attention without whining, deal with feelings, respect boundaries and solve problems. Easy to understand, real life examples.

Clark, Lynn PhD.

SOS! HELP FOR PARENTS: A PRACTICAL GUIDE FOR HANDLING COMMON EVERYDAY BEHAVIOR PROBLEMS

Parents Press, 1996

A great book for parents. Tips on managing specific behaviors, using time out and rewards. Lots of clear examples, illustrations.



Delattre, Edwin J. & Alice B.

HELPING YOUR CHILD LEARN RESPONSIBLE BEHAVIOR WITH ACTIVITIES FOR CHILDREN

US Department of Education, 1993

Practical suggestions for helping to teach young children about responsible behavior. Tips on manners, caring deeds, getting to know others, honesty, bullying, fears.

Hyland, Terry L and Davis, Jerry PhD

ANGRY KIDS FRUSTRATED PARENTS: PRACTICAL WAYS TO PREVENT AND REDUCE AGGRESSION IN YOUR CHILDREN

Boys Town Press, 1999

This book discusses five levels of aggressive behaviors. Through a technique known as "crisis teaching" one learns how to teach a child self-control & discourage further negative behaviors.

Downey, Martha Kate

WHAT DO I DO ABOUT HITTING?!: UNDERSTANDING AND LEARNING TO MANAGE CHILDHOOD RAGE, ANGER AND FRUSTRATION

Martha Kate Downey, 2003

Written by a mother of a young adult daughter with autism, this book provides useful tips to guide and encourage families. The primary focus is on helping young children learn how to manage anger, but tips for teens are also included.

Greene, Ross W. PhD

THE EXPLOSIVE CHILD: A NEW APPROACH FOR UNDERSTANDING AND PARENTING EASILY FRUSTRATED "CHRONICALLY INFLEXIBLE" CHILDREN

Harper Collins, 1998

Dr. Greene explains why strategies which work for children are not effective for those children who are chronically explosive and provides a systematic approach. Lots of family stories to highlight this approach.

Turecki, Stanley MD with Tonner, Leslie

THE DIFFICULT CHILD

Bantam Books, 1985, 1989

How to help and cope with the difficult child, offers compassionate and practical advice for parents of hard-to-raise children. Shows how to manage conflict situations, make discipline more effective, make the most of the child's positive potential and more.

Weinhouse, Don PhD & Weinhouse, Marilyn MA

LITTLE CHILDREN, BIG NEEDS: PARENTS DISCUSS RAISING YOUNG CHILDREN WITH EXCEPTIONAL NEEDS

University Press of Colorado, 1994

Candid interviews with families having children with a wide range of disabilities. Provides interesting advice, resources and support for families facing complex challenges.


Allen, Juliet V.

WHAT DO I DO WHEN...? A HANDBOOK FOR PARENTS AND OTHER BELEAGUERED ADULTS

Impact Publishers, 1992

Practical, workable answers to everyday problems faced by adults who have one or more small people to love, teach, manage, outsmart and worry about. A collection of proven "crisis management" and behavior methods.



 Barkley, Russell A. (VHS & DVD format)

MANAGING THE DEFIANT CHILD: A GUIDE TO PARENT TRAINING

Guilford Press, 1997

This video and program manual is designed to provide a stimulating and informative review of our current knowledge about the management of defiance in children. (34 minutes)

Phelan, Thomas W. PhD

MORE 1-2-3 MAGIC: ENCOURAGING GOOD BEHAVIOR, INDEPENDENCE AND SELF ESTEEM

Parent Magic Inc., 2004

DVD format. Focuses on how to get your child ready to do the things you want them to do, such as getting up and getting ready, getting to bed, taking care of themselves.

PARENTING BOOKS OF INTEREST

Kurcinka, Mary Sheedy MA

RAISING YOUR SPIRITED CHILD: A GUIDE FOR PARENTS WHOSE CHILD IS MORE INTENSE, SENSITIVE, PERCEPTIVE, PERSISTENT OR ENERGETIC

Harpercollins Publishers, Inc. 1991

A refreshing positive approach to parenting spirited, often called "difficult" children. Filled with personal insight, authoritative advice and lively examples. Offers parents the kind of emotional support and proven strategies they crave.

Kurcinka, Mary Sheedy MA

RAISING YOUR SPIRITED CHILD WORKBOOK: A COMPANION WORKBOOK TO HELP PARENTS CREATE FAMILIES WHERE SPIRIT THRIVES

Harper Perennial, 1998

Excellent examples and easy-to-read text provide parents a real glimpse on how to recognize the little things that can make or break the day, and some successful strategies for eliminating power struggles.

Burklow, Brad MS

PARENT'S SOLUTION TO A PROBLEM CHILD

Blue Bird Publishing, 1995

This book shows a comprehensive system designed to help parents achieve long-term positive effects that children may benefit from for a lifetime. It is a simple, yet effective, two step program that changes behaviors in children, then instills long term values.

Eastman, Meg PhD & Rozen, Sidney Craft

TAMING THE DRAGON IN YOUR CHILD

John Wiley & Sons, Inc., 1994

Interesting ideas and solutions for breaking the cycle of family anger.

Frank, Kim "Tip"; Paget, Mike M.Ed.; Wilde, Jerry PhD

DEFYING THE DEFIANCE: 151 INSIGHTS, STRATEGIES, LESSONS AND ACTIVITIES FOR HELPING STUDENTS WITH ODD

Youthlight, 2005

A nice overview of oppositional defiant disorder and lots of ideas to assist teachers, and parents, with improving cooperation, avoiding disruption, and helping the defiant child feel more successful.

Riley, Douglas A. MD

THE DEFIANT CHILD: A PARENT'S GUIDE TO OPPOSITIONAL DEFIANT DISORDER

Taylor Trade Publishing, 1997

Dr. Riley explains how oppositional children and teens view the world, and offers tips to parents on how to take back control.



Burke, Ray PhD & Herron, Ron

COMMON SENSE PARENTING: A PROVEN STEP BY STEP GUIDE FOR RAISING RESPONSIBLE KIDS AND BUILDING HAPPY FAMILIES

Boys Town Press, 1996

Directed at parents of 3-16 year olds, this book provides suggestions on building a close relationship with your child, reducing problems, teaching appropriate behavior, using clear messages, maintaining control, and using praise effectively.

ADVENTURES IN PARENTING: HOW RESPONDING, PREVENTING, MONITORING, MENTORING AND MODELING CAN HELP YOU BE A SUCCESSFUL PARENT

National Institutes of Health, 2001

Full of very helpful tips on successful parenting. Each section is geared to specific age groups.

Nelsen, Jane Ed.D; Erwin, Cheryl MA; Duffy, Roslyn

POSITIVE DISCIPLINE: THE FIRST THREE YEARS; FROM INFANT TO TODDLER—LAYING THE FOUNDATION FOR RAISING A CAPABLE, CONFIDENT CHILD

Prima Publishing, 1998

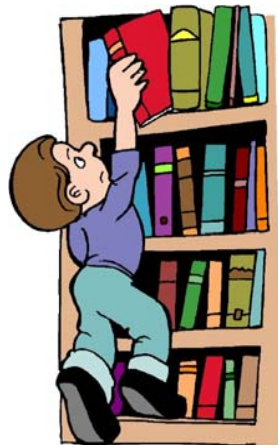
Practical tips for parents on encouraging independence, but setting boundaries. Tips on identifying temperament, and avoiding power struggles with your toddler.

Stone, Jeannette Galambros

A GUIDE TO DISCIPLINE

National Association for the Education of Young Children, 1969

This is a book about teaching young children to respect themselves and others and to show that respect. It explores ways of having control of children in a variety of settings.



VIDEOS / DVDS

Barkley, Russell A. (DVD)

UNDERSTANDING THE DEFIANT CHILD

Guilford Publications, Inc., 1997

This video and program manual present real life scenes of family interactions and commentary from parents. Includes suggested readings and referral sources. Could be used for a support group discussion. (34 minutes)

FAMILY TALK ABOUT DRINKING: A VIDEO FOR PARENTS ON HOW TO TALK TO YOUR KIDS ABOUT DRINKING

Anheuser-Busch Co., Inc., 1993

This video is designed to help parents address the issues of underage drinking. Features four separate vignettes portraying a realistic problem involving children in different age groups. Offers advice on how to deal with the issues raised. Includes informational guide.

Phelan, Thomas W. PhD

1-2-3 MAGIC: EFFECTIVE DISCIPLINE FOR CHILDREN 2-12

Child Management, Inc., 1990

Watch this video and take charge of your home! Learn how to handle misbehavior in public, how to get your kids to stop doing what you don't want them to do, how to encourage them to start doing what you find acceptable. (120 minutes)

Lavoie, Richard

WHEN THE CHIPS ARE DOWN (STRATEGIES FOR IMPROVING BEHAVIOR-LEARNING DISABILITIES AND DISCIPLINE)

LD Projects at WETA; 1996

This video and accompanying program guide shows parents and teachers how to establish predictable environments in which children can flourish, as well as offers tips on dealing with behaviors as they occur. (62 minutes)

Moyes, Rebecca

INCORPORATING SOCIAL GOALS IN THE CLASSROOM - A GUIDE FOR TEACHERS AND PARENTS OF CHILDREN WITH HIGH FUNCTIONING AUTISM AND ASPERGERS SYNDROME.

Jessica Kingsley Publishers, 2001

Practical hands on advice for addressing social goals within the classroom setting - appropriate methods for children with social skills deficits who do not have an autism spectrum disorder.

Bloomquist, Michael L.

SKILLS TRAINING FOR CHILDREN WITH BEHAVIOR DISORDERS: A PARENT AND THERAPIST GUIDE BOOK

Guilford Press, 1996

Targets typical problem areas for children with moderate to severe behavior disorders and provides background information, step-by-step instructions and many useful worksheets and concrete examples to assist parents and therapists in skills training.

Walender, Jan L & Siegel, Lawrence J.

ADOLESCENT HEALTH PROBLEMS: BEHAVIORAL PERSPECTIVES

Guilford Press/Society of Pediatric Psychology, 1995

Provides stimulating, interesting and scholarly views on adolescent health and behavior. Covers general issues as well as health risk and prevention behaviors. Also behavioral perspectives on adolescents with chronic physical conditions.

Luiselli, James & Cameron, Michael

ANTECEDENT CONTROL - INNOVATIVE APPROACHES TO BEHAVIORAL SUPPORT

Brookes Publishing, 1998

Effective techniques for initiating behavior changes. Focus on stimulus control as an alternative to consequences/reactive measures.

McCarney, Stephen B. EdD., and Bauer, Angela M. MED
THE PARENT'S GUIDE: SOLUTIONS TO TODAY'S MOST COMMON BEHAVIOR PROBLEMS

Hawthorne Educational Services, 1989

Practical and realistic, with solutions that really work and that are quick and easy. Offers a variety of possible solutions to common problems.

Ricker, Audrey PhD & Crowder, Carolyn PhD.

BACKTALK - 4 STEPS TO ENDING RUDE BEHAVIOR IN YOUR KIDS

Simon & Schuster, 1998

Two experts in the field of child behavior share their simple and specific four-step program for ending back talk and restoring balance in relationships between parents and children.

Reichlin, Gail & Winkler, Caroline

THE POCKET PARENT

Workman Publishing, 2001

A handbook of simple, straightforward ideas on handling common behavior issues presented by young children (ages 2-5). Tips on ending tantrums, biting, interrupting, whining, swearing. Also includes tips on encouraging manners, picking up toys, establishing bedtime routines.

Simons, Laurie

TAKING "NO" FOR AN ANSWER AND OTHER SKILLS CHILDREN NEED

Parenting Press, 2000

50 quick, lively games to teach children, ages 2-12, skills such as respecting boundaries, listening, making requests, taking no for an answer, following directions, planning, cooperating, resolving conflicts, problem solving, trusting.

Weston, Denise Chapman MSW and Weston, Mark S. MSW
PLAYFUL PARENTING: TURNING THE DILEMMA OF DISCIPLINE INTO FUN AND GAMES

G.P. Putnam's Sons, 1993

Offers unique activities to help parents deal with a wide range of behavior problems. Uses proven techniques based on the principle that children learn best through play. Fun and games address day-to-day discipline issues that disrupt family harmony.

Crary, Elizabeth

WITHOUT SPANKING OR SPOILING, A PRACTICAL APPROACH TO TODDLER AND PRESCHOOL GUIDANCE

Parenting Press, Inc., 1993

Pulling together the best from child guidance philosophies, this book has examples and exercises that will help parents with discipline and overcoming behavior problems in their child.

Bigelow, Brian J; Tesson, Geoffrey & Lewko, John H.

LEARNING THE RULES: THE ANATOMY OF CHILDREN'S RELATIONSHIPS

Guilford Press, 1996

Demonstrates that children construct differentiated bodies of rules that enable them to adequately interact with parents, siblings, peers, or close friends in ways that conform to the demands of that particular relationship.

Frankel, Fred PhD

GOOD FRIENDS ARE HARD TO FIND - HELPING YOUR CHILD FIND, MAKE AND KEEP FRIENDS AND ALSO DEAL WITH TEASING, BULLYING, MEANNESS, & STORMY RELATIONSHIPS

Perspective Publishing, 1996

Step-by-step method for parents to help their 5-12 year olds make friends and solve problems with other kids. Good reading for parents of children with ADD/HD & Oppositional Defiant Disorder.

Heninger, Janet PhD; Weiss, Sharon M.ED
FROM CHAOS TO CALM: EFFECTIVE PARENTING OF CHALLENGING CHILDREN WITH ADHD AND OTHER BEHAVIORAL PROBLEMS.

Berkley Publishing Group, 2001

This practical guide offers tips to proactively parent a child with ADHD, OCD, depression or other disorders which affect behavior, while avoiding common pitfalls. Tips for working with schools and finding professional help are also included.

Beane, Allan L. PhD

THE BULLY FREE CLASSROOM: OVER 100 TIPS AND STRATEGIES FOR TEACHERS K-8

Free Spirit Publishing, 1999

Offers tips to teachers on establishing a zero tolerance policy on bullying, identifying and helping potential bullies and victims, and communicating with parents. Students will learn to treat each other with respect and take responsibility for their actions.

Gray, Carol

TAMING THE RECESS JUNGLE: SOCIALLY SIMPLIFYING RECESS FOR STUDENTS WITH AUTISM AND RELATED DISORDERS

Future Horizons, Inc., 1994

This helpful guide includes the article "The Jungle We Call Recess".

A social cues questionnaire and a sample social story are also included. Useful techniques for any student with social issues at recess.

