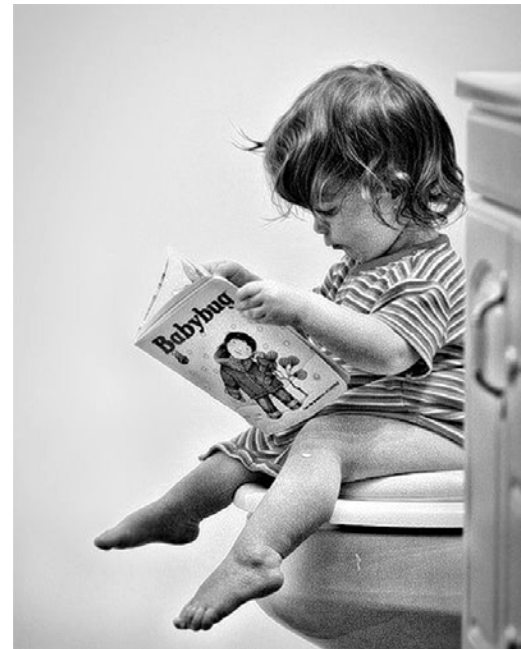


Books for Children and Parents on Learning Toileting and Toileting Issues



NH Family Voices
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NH Family Voices has available the following books in the lending library. Children's books are marked with ♥.

Books are sent through the mail, with return postage.

♥ Reiner, L.C.S.W., Annie

THE POTTY CHRONICLES, A Story to Help Children Adjust to Toilet Training

Magination Press, 1991

This book expresses children's natural fears, letting them feel comfort and trust from knowing their experience is understood. Introduction for parents.

♥ Brooks, MD, Joae Graham

I'M A BIG KID NOW! A Book about Toilet Training

Kimberly-Clark Corporation, 1989

Includes two stories; one for a boy and one for a girl. Separate section on "What Parents Should Know About Toilet Training."

♥ McGrath, Bob

UH OH! GOTTA GO! POTTY TALES FROM TODDLERS

Barrons Educational Series, 1996

Kelly goes to the potty before bedtime, and Sunju is rapping to the potty beat. Fun for toddlers and comic relief for parents. Each of these episodes help to answer a variety of toilet training questions that will lead to a lively discussion with kids.

♥ Lansky, Vicki

KOKO BEAR'S NEW POTTY

Book Peddlers, 1997

Wonderful story for children and helpful tips for parents about toilet training.

Baskin, Laurence; Kogan, John; Duckett, John

HANDBOOK OF PEDIATRIC UROLOGY

Lippincott-Raven 1997

This book provides an overview of urological disorders, diagnostic tools, and treatment options and common problems such as infections and voiding disorders and less common problems like renal failure (and transplant) and urological oncology.

Maizels, Max, MD: Rosenbaum, Diane PhD and Keating, Barbara, RN,MS

GETTING TO DRY: HOW TO HELP YOUR CHILD OVERCOME BEDWETTING

Harvard Common Press, 1999

Experts from the "Try to Dry Program" address ways parents can

help children overcome bedwetting. Some of the topics discussed are the pros and cons of alarms, drug therapy, dietary and sleep schedule adjustments. This book promotes the use of praise and outlines some proven techniques.

Mack, Alison

DRY ALL NIGHT: THE PICTURE BOOK TECHNIQUE THAT STOPS BEDWETTING

Little Brown & Co., 1989

Part one of this book provides information parents can use to cope with bedwetting. Part two is a story for children to read or look at. Geared toward school aged children.

Smith, D. Preston, MD, FAAP, FACS, FSPU

OVERCOMING BLADDER AND BOWEL PROBLEMS IN CHILDREN: CHILD FRIENDLY CONSTIPATION RECIPES INCLUDED

Potty MD, 2004

A parent guide to discussing the following toileting issues, urinary frequency, daytime accidents, constipation, encopresis, bedwetting, provides helpful tips. Including information on what is normal, if testing may be necessary to rule out a problem.

♥ Murkoff, Heidi

WHAT TO EXPECT WHEN YOU USE THE POTTY

Harper Collins Publishers, 2000

Angus the answer dog helps to explain what it is like to use the potty, as he answers a toddler's questions about when, why and how to use one.

♥ Gomi, Taro

EVERYONE POOPS

Kane/Miller Book Publishers, 1993

A children's book that affirms the normal process of our bodies eliminating waste. Good for children who have fears or medical issues that would make this a concern.

♥ Cho, Shinta

THE GAS WE PASS; THE STORY OF FARTS

Kane/Miller Book Publishers, 1994

A children's book that illustrates the normal function of passing gas. Good for children who may be embarrassed because of a medical condition or fears associated with intestinal gas.

♥ Willis, Jeanne

DO LITTLE MERMAIDS WET THEIR BEDS?

Albert Whitman & Co, 2000

Young children who have trouble staying dry all night will relate to Cecelia, who hates her rubber sheets and feels like she is the only one. Cecelia dreams of swimming with a mermaid who tells her that one day she will stay dry. In the end Cecelia does.

♥ Boelts, Maribeth

DRY DAYS, WET NIGHTS

Albert Whitman & Co., 1994

Written for preschool aged children, this is a reassuring story about a young bunny's feelings as he goes from wetting the bed to staying dry all night.

♥ Galvin, Matthew, MD

CLOUDS AND CLOCKS: A STORY FOR CHILDREN WHO SOIL

Magination Press, 1989

Andrew is embarrassed about his recent trouble with soiling his pants. With help from his doctors he is able to solve his problem and to understand that it is okay. This children's book deals with a difficult subject very directly and with warmth.

♥ Mills, Ph.D., Joyce C. & Crowley, Ph.D., Richard J.

SAMMY THE ELEPHANT & MR. CAMEL; A Story to Help Children Overcome Bedwetting While Discovering Self-Appreciation

Sammy is a lovable elephant and Mr. Camel helps him out with his wetting and boosts his self-esteem.

Wheeler, Maria

TOILET TRAINING FOR INDIVIDUALS WITH AUTISM & RELATED DISORDERS

Future Horizons, 1998

Over 200 toilet training tips—addresses fear of sitting on the toilet, preventing repeated flushing, using toilet paper, washing hands, using unfamiliar facilities. More than 40 case examples and solutions.

Boheme, Patti MS, LCPC; Crissman, Mary BA & Hasselberg, Diane

VISUAL TOILET TRAINING

Little Friends, Inc, 1999

This kit is a comprehensive approach to teach a child with special needs toileting. This kit comes with a toilet training manual, base line chart, toilet chart and pictures to help a child learn a routine.

Faull, Jan, M.ED

MOMMY I HAVE TO GO POTTY - A PARENTS GUIDE TO TOILET TRAINING

Raefield - Roberts Publishers, 1996

Provides a step-by step approach to toilet training; from diapers to dry nights.

Starfield, Barbara MD, MPH

BEDWETTING: A GUIDE FOR PARENTS

Health Information Network, Inc., 1995

This booklet will help parents learn about bedwetting and answer frequently asked questions; for example, "What treatment plans should parents try?" and "What causes bedwetting."

Gilpin, M.A., Michelle & Harris, RN, BSc.N, CRRN, Dorothy

TOILET TEACHING WITH YOUR SPECIAL CHILD

Thames Valley Children's Center, 1995

This booklet attempts to integrate a number of key Issues, like constipation, night-time, etc. and to provide a basic overview of first steps etc.

Mercer, Renee: CPNP

SEVEN STEPS TO NIGHTTIME DRYNESS: A PRACTICAL GUIDE FOR PARENTS OF CHILDREN WITH BEDWETTING

Brookville Media, 2004

This book was designed for parents to discuss multiple options for treatments. While they focus on the use of a bedwetting alarm, it also answers hundreds of commonly asked questions about bedwetting.