

A VIDEO JOURNAL ON EPILEPSY - "WAS THAT A SEIZURE?"

Schemathings Video Productions, 1993

This journal was developed as an educational tool for physicians to help differentiate among a few of the most common medical problems that mimic or actually cause seizures. (20 minutes)

UNDERSTANDING SEIZURE DISORDERS

Epilepsy Foundation, 1989

Describes the physical nature of epilepsy and what happens when a seizure occurs. Explains why seizures take so many different forms and some of the causes. (about 12 minutes)

UNDERSTANDING COMPLEX PARTIAL SEIZURES

Epilepsy Foundation of America, 1990

LIVING WITH EPILEPSY

Epilepsy Foundation of America, 1990

EPILEPSY AND THE FAMILY

Epilepsy Foundation of America, 1989

Interviews with parents of children with epilepsy, talking about how they have coped with common difficulties. Mothers and Fathers describe their early reactions to the diagnosis, their frustrations and growth toward a better understanding.

SCHOOL PLANNING FOR CHILDREN WITH SEIZURE DISORDERS

Epilepsy Foundation of America, 1992

EPILEPSY: QUALITY OF LIFE

Epilepsy Foundation, 1992

(41:24 minutes)

NH Family Voices Lending Library

Books for Families and Children about Epilepsy



NH Family Voices
toll free in NH: 1-800-852-3345 X 4525
or (603) 271-4525
nhfv@yahoo.com
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NH Family Voices has available the following books in the lending library. Children's books are marked with a ♥.

Books can be requested by phone or via the website, and are sent through the mail, with a postage paid return envelope.

♥ Epilepsy Foundation of America

***BROTHERS AND SISTERS: JUST FOR YOU!
A GUIDE FOR FAMILIES WITH EPILEPSY***

Epilepsy Foundation of America, 1992

Written specifically for siblings, it is divided into three sections which children can progress through as they develop and grow.

♥ Pridmore, Saxby

***JULIA, MUNGO, AND THE EARTHQUAKE: A STORY
FOR YOUNG PEOPLE ABOUT EPILEPSY***

Magination Press, 1991

When an earthquake devastates her school Julia escapes being trapped with her classmates because she is resting in the nurse's room after a seizure, so she is able to rescue them.

♥ Gosselin, Kim

TAKING SEIZURE DISORDERS TO SCHOOL

JayJo Books, LLC, 1996

A children's book on epilepsy. Great reading for a classroom or for anyone to get a better understanding of epilepsy.

♥ Aiello, Barbara

TRICK OR TREAT OR TROUBLE

Twenty-First Century, 1989

Just as friends sometimes misunderstand about his epilepsy, Brian's misconceptions about a funeral home are cleared up on Halloween night. Concludes with a question-and-answer section in which Brian discusses the causes and treatment of epilepsy.

***AN INTRODUCTION TO THE KETOGENIC DIET: A
TREATMENT FOR PEDIATRIC EPILEPSY***

Charlie Foundation, 1994

This tape was produced so that families & doctors struggling with the problems of epilepsy can have information about the Ketogenic Diet, as perfected at John Hopkins.

***"ALIVE AGAIN": PRIMARY TREATMENT FOR SEIZURES
WITH DEPAKOTE***

Abbott Laboratories

Put out by a pharmaceutical company that makes Depakote, this video speaks to the use of Depakote to treat seizures.

***SUSAN'S STORY: FROM POLYPHARMACY TO
MONOTHERAPY***

***IDENTIFICATION OF SEIZURE TYPES IN THE EPILEPTIC
PATIENT***

THE REST OF THE FAMILY

Epilepsy Foundation of America, 1991

This video talks about how epilepsy can affect the whole family.

***AND LIFE GOES ON: SEVERE SEIZURES OF EARLY
CHILDHOOD***

Epilepsy Foundation, 1990

Speaks to the unique issues of having a young child with Epilepsy.

HOW MEDICINE WORKS

Epilepsy Foundation of America, 1990

Video describes how doctors select medication, why regular use is so important, and common side effects. (12 minutes)

SEIZURE FIRST AID

Epilepsy Foundation, 1992

Details first aid for seizures. (11:15 minutes)

Santilli, Nancy RN, PNP, MN & Dodson, W. Edwin MD & Walton, Ann V
STUDENTS WITH SEIZURES, A MANUAL FOR SCHOOL NURSES

Epilepsy Foundation of America and National Association of School Nurses, 1991

This book provides school nurses with helpful information.

Epilepsy Foundation of America
BROTHERS AND SISTERS: A GUIDE FOR FAMILIES OF CHILDREN WITH EPILEPSY

Epilepsy Foundation, 1992

Written for those parents who are concerned that the epilepsy of one child may be affecting their other children. Provides some tools for understanding and assisting siblings.

Schachter, Steven C.

BRAINSTORMS: EPILEPSY IN OUR WORDS: PERSONAL ACCOUNTS OF LIVING WITH SEIZURES

Raven Press, 1993

Describes types of seizures as well as symptoms and after effects of a seizure.

VIDEOS (VHS)

(Note: Some of these are older videos but still have some good information. Some are annotated and some are not.)

♥ ***EPILEPSY IN THE TEEN YEARS***

Epilepsy Foundation of America, 1990

Video for young people who have epilepsy. Explores the issues affecting teens.

♥ ***I HAVE EPILEPSY TOO***

Epilepsy Foundation of America, 1989

Children with epilepsy describe what it's like to have a condition and feelings they have about it. Children featured are between the ages of 7 and 13.

♥ Hermes, Patricia ***WHAT IF THEY KNEW?***

Dell Publishing, 1980

A young girl starts attending a new school and is afraid her friends will discover her secret, that she has epilepsy.



♥ Moss, Deborah M. ***LEE: THE RABBIT WITH EPILEPSY***

Woodbine House, 1989

Lee is diagnosed as having epilepsy, but medicine to control her seizures reduces her worries and she learns she can still lead a normal life.

♥ Beran, Roy G. MD ***LEARNING ABOUT EPILEPSY***

Medicine Group USA, 1989

Specifically designed for young children to help explain epilepsy, and its treatment. Written with parents and teachers in mind.

♥ Epilepsy Foundation of America ***DOTTY THE DALMATION WITH EPILEPSY***

Tim Peters and Company, 1993

A short booklet about Dotty a dog with epilepsy that saves a baby's life and is proudly rewarded.

♥ Ahern, Kathy ***ME AND MY WORLD, ALL ABOUT EPILEPSY***

An easy to read book about epilepsy, why seizures happen and the different experiences of persons with epilepsy.

♥ Swanson, Susanne M. ***MY FRIEND EMILY: A STORY ABOUT EPILEPSY AND FRIENDSHIP***

Writer's Press Service, 1994

Emily has epilepsy and explains to her friend Kay what it means.

♥ Benjamin, E.M.J.

TAKEDOWN

Banks Channel Books, 1999

A fictional story about a high school wrestler and the realistic real-life problems of a teen when he begins having seizures and everything he values is threatened.

♥ Lears, Laurie

BECKY THE BRAVE: A STORY ABOUT EPILEPSY

Albert Whitman & Company, 2002

This is a heartwarming story about Becky, told from the point of view of her younger sister, Sarah. When Becky has a seizure at school and is embarrassed, Sarah talks to Becky's class about Epilepsy. Wonderful story for ages 6-10.

♥ Westcott, Patsy

LIVING WITH EPILEPSY

Raintree Steck-Vaughn Publishers, 1999

A photographic presentation with simple text of what epilepsy is, and how it is managed. Very appropriate for elementary school - aged children.

♥ Trembath, Don

LEFTY CARMICHAEL HAS A FIT

Orca Publishers, 1999

This is a story of a 15 year old boy coming to terms with his new diagnosis of a seizure disorder. The story has a lot of focus on the reaction of his family and friends. Very positive.

♥ Zelenka, Yvonne PhD

LET'S LEARN WITH TEDDY ABOUT EPILEPSY

Medicus Press, 2008

Teddy stops playing and won't answer Rachel one afternoon. When Rachel tells Teddy's mom, she schedules an appointment with a doctor. Teddy has an EEG, an MRI and learns that he has epilepsy.

Santilli, Nancy

MANAGING SEIZURE DISORDERS: A HANDBOOK FOR HEALTH CARE PROFESSIONALS

Lippincott-Raaveen Publishers, 1996

The purpose of this book is to provide detailed information in support of the health professional's efforts to assist individuals with epilepsy to live the life they desire.

Gumnit, Robert J. MD

YOUR CHILD AND EPILEPSY

Demos Vermande, 1995

Covers all aspects from diagnosis to management in clear language. Helpful tools for parents and older children to encourage active involvement in healthcare decisions.

Reisner, Helen

CHILDREN WITH EPILEPSY: A PARENT'S GUIDE

Woodbine House, 1988

A complete and compassionate guide for parents whose child has been diagnosed with epilepsy.

Davidson, Andrea

EMBRACE THE DAWN - ONE WOMANS STORY OF TRIUMPH OVER EPILEPSY

Sylvan Creek Press, 1989

Written by a woman who describes her life with a seizure disorder. Very inspirational story.

Smith, Carolyn, RN, CDDN

EPILEPSY MANAGEMENT FOR THE PERSON WITH MENTAL RETARDATION

McGowan Publications, 1997

This manual covers many aspects of epilepsy in general, but takes it further by addressing the needs and concerns for people with mental retardation.

Freeman, John M.; Kelly, Millicent T. & Freeman, Jennifer B.
THE EPILEPSY DIET TREATMENT: AN INTRODUCTION TO THE KETOGENIC DIET

Demos Publications, 1994

Describes the ketogenic diet and the theory behind this treatment.

Brake, Dennis and Cynthia
THE KETOGENIC COOK BOOK

Pennycorner Press, 1997

Recipes designed to be used as part of the Ketogenic diet treatment plan. This should be used with a doctor, dietician or nutritionist that is working with the Ketogenic Diet.

Snyder, Deborah DO
KETO KID: HELPING YOUR CHILD SUCCEED ON THE KETOGENIC DIET

Demos Medical Publishing, 2007

Written by a parent / physician, this book provides both practical advice, time saving tips & menus. Also has a day by day account of life on the ketogenic diet, in diary form.

Davinsku, Orrin MD
A GUIDE TO UNDERSTANDING AND LIVING WITH EPILEPSY

F.A. Davis Company, 1994

Covers misconceptions about epilepsy, seizure types, treatment.

Buckel, Marian Carla & Buckel, Tiffany
MOM, I HAVE A STARING PROBLEM

M.C. Buckel, 1992

The true story of Petit Mal seizures and the hidden problem it can cause, learning disabilities. Written to give parents insight and determination to find a way to help their children attain their own personal wishes and have confidence in themselves.

♥ Karia, Roopal MD

THE WHY AND WHAT OF EPILEPSY: A BOOK FOR CHILDREN AND TEENS

Publish America, 2008

For a child or teen with epilepsy, sometimes things can be confusing. Written by a pediatric neurologist, this book answers many of the common questions.

♥ Gay, Kathlyn & McGarrahan, Sean
EPILEPSY: THE ULTIMATE TEEN GUIDE

Scarecrow Press, 2002

Written specifically for teens, this book dispels the myths, misconceptions and misunderstandings about epilepsy. Positive, factual information. Tips on "living a normal life" from other teens.

♥ Siravo, Debra & Richard
MY FRIEND MATTY: A STORY ABOUT LIVING WITH EPILEPSY (FIRST EDITION)

Debra & Richard Siravo, 2005

Matty's 3rd grade teacher talks about epilepsy, and Matty shares that he has seizures. Very direct, and positive, this story highlights all the ways Matty is just like his classmates.

♥ Rocheford, Danielle M.
MOMMY, I FEEL FUNNY! A CHILD'S EXPERIENCE WITH EPILEPSY

Green Swing, 2009

The story follows the author, Nel, when she was a little girl. Through the days following her first seizure, Nel and her family are faced with fears, but come to understand and accept her epilepsy.



Schachter, Steven MD; Montouris, Georgia, MD; Pellock, John, MD
EPILEPSY ON OUR TERMS: STORIES BY CHILDREN WITH SEIZURES AND THEIR PARENTS

Oxford University Press, 2008

In their own words, children with seizures and their parents talk about epilepsy, from how they handled the first seizure, adjusted to diagnosis, medication & side effects. Very honest accounts.

Devinsky, Orrin, MD

EPILEPSY: PATIENT AND FAMILY GUIDE (3RD EDITION)

Demos Medical Publishing, 2008

Provides in depth information about epilepsy, from diagnosis to treatment (with medication, diet). Divides information regarding epilepsy into chapters specific to children and adults. Covers legal and financial, employment issues & resources.

Waltz, Mitzi

PARTIAL SEIZURE DISORDERS: HELP FOR PATIENTS AND FAMILIES

O'Reilly, 2001

Provides a thorough description of partial seizure disorders. Covers school issues, development issues, employment and driving. Includes resource listings (including drug companies & financial assistance).

Kutscher, Martin L., MD

CHILDREN WITH SEIZURES: A GUIDE FOR PARENTS, TEACHERS, AND OTHER PROFESSIONALS

Jessica Kingsley Publishers, 2006

Dr. Kutscher presents a concise, but thorough, look at all aspects of a seizure disorder, dispelling many myths. Includes a nice section for children to read with their parents.

Wolf, Steven MD; McGoldrick, Patricia Engel CPNP

PARENTS' GUIDE: WHEN THE SEIZURES DON'T STOP

Abbott Laboratories, 2004

This booklet, written in question and answer format, answers many of the common questions parents ask about diagnosis, treatment, management, and first aid. Sample questions to ask doctors included.

Wheless, James; Glauser, Tracy; Garnett, William & Austin, Joan
A GUIDE FOR PARENTS OF CHILDREN WITH EPILEPSY

Shire Richwood Inc., 2000

This booklet addresses life after a diagnosis, seizure types, medications, safety issues as well as answers to questions children most commonly ask.

Epilepsy Foundation of America, 1994

SCHOOL PLANNING: A GUIDE FOR PARENTS OF CHILDREN WITH SEIZURE DISORDERS

Designed to help ensure that your child receives the best possible educational experience throughout his/her school years.

Epilepsy Foundation of America, 1996

ISSUES AND ANSWERS: A GUIDE FOR PARENTS OF CHILDREN WITH SEIZURES, AGE SIX TO TWELVE

This guide will assist parents in developing answers that are appropriate for their family and their six-twelve year old child.

Epilepsy Foundation of America, 1992

ISSUES AND ANSWERS: A GUIDE FOR PARENTS OF TEENS AND YOUNG ADULTS WITH EPILEPSY

This guide will assist parents in developing answers that are appropriate for their family and their teen as they move together through adolescence.

Freeman, John M., MD; Vining, Eileen P.G., MD & Pillas, Diana J.

SEIZURES AND EPILEPSY IN CHILDHOOD A GUIDE FOR PARENTS

John Hopkins Press Health Book; 1997

A comprehensive guide for families.

Bennett Blackburn, Lynn PhD

GROWING UP WITH EPILEPSY: A PRACTICAL GUIDE FOR PARENTS

Demos Medical Publishing, 2003

Includes basic information, an overview of brain organization, and a sample IEP. Chapters are divided by age and stage.