

NH Family Voices Lending Library

Books For Families and Professionals Managing Developmental Delays



NH Family Voices
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New Hampshire Family Voices has available the following books in the lending library. Children's books are marked with a ♥.

Books are sent through the mail with a postage paid return envelope. For more information call:
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♥ You may find additional books of interest in our bibliography listings for the following topics:

Behavior
Education
Parenting

♥ Mcney, Martha

LESLIE'S STORY

Lerner Publications Company, 1996

A twelve year old -girl, Leslie tells what her life is like although she has mental retardation.

♥ Thompson, Mary

MY BROTHER MATTHEW

Woodbine House, Inc., 1992

A realistic and compassionate tale in which David tells what happens in his family and what it is like to be the older brother of Matthew, born with disabilities. Conveys a siblings normal feelings of loneliness, rejection and impatience. Genuine and lively.

♥ Sobol, Harriet Langsam

MY BROTHER STEVEN IS RETARDED

McMillan Publishing Co., Inc., 1977

In this book Beth tells about herself and her brother Steven. About the good times they have together and the times when she is angry or upset or sad because of Stevens disability. She explains what it is like to be part of a family where one person is retarded.

VIDEOS

INCLUSION: THE PER-KID WAY

Munroe-Meyer Institute, 1998

Geared to parent/educators at middle/high school levels - takes viewers through a "four step approach to developing meaningful inclusion for all students".

Goodwin, & Wurzburg,

REGULAR LIVES

State of the Art Production

This video was made years ago, but still is applicable today. It speaks about inclusion in the schools and how the students accepted their peers with disabilities. Explains how teachers worked together to meet the student's needs and made inclusion work. (28 minutes)

♥ O'Shaughnessy, Ellen

SOMEBODY CALLED ME RETARD TODAY... AND MY HEART FELT SAD

Walker Publishing Company, Inc., 1992

A girl expresses her sadness at being called a "retard". Emphasis that everyone has good and positive qualities, if you only take the time to know them.

♥ Byars, Betsy

THE SUMMER OF THE SWANS

Viking, 1970

Sara is fourteen and having a difficult summer when her younger bother, Charlie who is mentally retarded, changes her life.

♥ Pulver, Robin

WAY TO GO, ALEX!

Albert Whitman & Co., 1999

Carly learns a lot about her older brother, Alex, as she helps him train for and compete in the Special Olympics. She learns some lessons about what it truly means to "win" as well. Wonderful story for siblings.



♥ Shyer, Marlene Fanta

WELCOME HOME JELLYBEAN

Aladdin Paperbacks, 1988

Neil's life turns upside down when his parents take his Sister, who has developmental delays, out of the institution and bring her home to stay.

♥ Gifaldi, David

BEN, KING OF THE RIVER

Albert Whitman & Co., 2001

Written from the point of view of an older brother, this story talks about a family camping trip. In the story Chad talks about how it feels to have a 5 yr old sibling with special needs, from embarrassment, to irritation, to love and pride.

Rimland, Ingrid

THE FURIES AND THE FLAME: A TRUE STORY

Arena Press, 1984

Redeeming tale of a young handicapped child and his family's journey across continents through adversity to discover fulfillment. Ingrid Rimland lost her family, friends, youth and marriage, but she rescued her pride, intellect, talent and her child.

Perske, Robert

NEW LIFE IN THE NEIGHBORHOOD: HOW PERSONS WITH RETARDATION OR OTHER DISABILITIES CAN HELP MAKE A GOOD COMMUNITY BETTER.

Abingdon Press, 1980

Demonstrates that persons with retardation or other disabilities are capable of functioning in the mainstream of community life. Shows repeatedly that full inclusion of individuals with disabilities into community life makes a better world for all of us.

Stuab, Debbie, PhD

DELICATE THREADS: FRIENDSHIPS BETWEEN CHILDREN WITH AND WITHOUT SPECIAL NEEDS IN INCLUSIONARY SETTINGS.

Woodbine House, 1998

Explores how relationships develop, nature of friendships in childhood with useful suggestions for parents, teachers and others in supporting children's relationships.

Bracewell, Donna

LEARNING TOGETHER: STORIES ABOUT CHILDREN, REGARDLESS OF ABILITY, LEARNING SIDE-BY-SIDE

B.C. Association for Community Living, 1990

Stories about integration from children, educators and parents. Informs and inspires.

Biklen, Douglas; Bogdan, Robert; Ferguson, Dianne L.; Searl Jr, Stanford J. & Taylor, Steven

ACHIEVING THE COMPLETE SCHOOL: STRATEGIES FOR EFFECTIVE MAINSTREAMING

Teachers College Press, Columbia University, 1985

This book clearly examines principles and strategies for use in achieving successful mainstreaming of students.

Stainback, Susan EDD; Stainback, William EDD & Forest, Marsha EDD

EDUCATING ALL STUDENTS: IN THE MAINSTREAM OF REGULAR EDUCATION

Paul H. Brookes Publishing Co., Inc., 1989

Approaches for merging special education and regular education for educating all students. Stresses the importance of regarding all students as unique.

Lewis, David

THE BODY LANGUAGE OF CHILDREN: HOW CHILDREN TALK BEFORE THEY CAN SPEAK

Souvenir Press Limited, 1978

Learn how to understand what your child is saying and how to talk back to him in his own language. You will be able to recognize signs of distress and interpret questions. Invaluable for parents and for those working in playgroups or as child care providers.

Newman, Sarah

SMALL STEPS FORWARD: USING GAMES AND ACTIVITIES TO HELP YOUR PRE-SCHOOL CHILD WITH SPECIAL NEEDS

Jessica Kingsley Publishers, 1999

This book provides parents and caregivers with activities which will promote development. Skills are divided into six areas, cognitive, linguistic, physical, sensory, social and emotional. Comprehensive resource section.

Pruitt, David ED

YOUR CHILD: EMOTIONAL, BEHAVIORAL AND COGNITIVE DEVELOPMENT FROM BIRTH THROUGH PRE-ADOLESCENCE.

Harper Collins, 1998

Covers developmental milestones, offers suggestions as to when one should seek the advice of a physician for troublesome issues and answers common questions and concerns.

Turnbull, A.P.; Patterson, JM; Behr, S.K; Murphy, D.L.;

Marquis, J.G. & Blue-Banning, M.J

COGNITIVE COPING, FAMILIES & DISABILITY

Paul H. Brookes Publishing Co., Inc., 1993

Cognitive coping is a set of strategies that encourages individuals and families to successfully confront the daily challenges of disability. Using this coping method helps families enhance their senses of esteem, control, meaning and well-being.

Ross, Bette M.

OUR SPECIAL CHILD: A GUIDE TO SUCCESSFUL PARENTING OF HANDICAPPED CHILDREN

Walker & Company, 1981

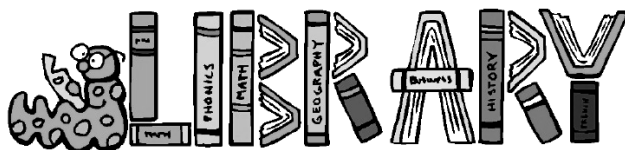
This guide for parents of the developmentally disabled is a no-nonsense, warmly personal book. Ross takes a lot of the wisdom of doctors and psychiatrists and distills it to fit parent common sense.

Trainer, Marilyn

DIFFERENCES IN COMMON: STRAIGHT TALK ON MENTAL RETARDATION, DOWNS SYNDROME AND LIFE

Woodbine House, Inc., 1991

A collection of almost fifty essays, Differences in Common speaks not only to every parent of a child who is "different", but also to those who know little about people with mental retardation.



Smith, Romyne MA, CCC-SLP

**CHILDREN WITH MENTAL RETARDATION:
A PARENT'S GUIDE**

Woodbine House, Inc., 1993

A complete, comprehensive guide to everything parents need to know about raising their child and meeting the varied medical, therapeutic and educational needs. Answers a myriad of questions, while offering reassurance and direction. Includes parent statements.

McLaughlin, Phillip J. EDD and Wehman, Paul PhD

**DEVELOPMENTAL DISABILITIES: A HANDBOOK FOR
BEST PRACTICES**

Andover Medical Publishers, 1992

An excellent core reference for providers in most of the helping disciplines. Discusses issues such as rehabilitation, social adjustments and vocational education. Extensive use of case studies brings the information to life.

Buck, Pearl S.

THE CHILD WHO NEVER GREW

Woodbine House, Inc., 1950, 1992

Newly updated, this classic in disability literature by the Nobel and Pulitzer Prize winning author broke a national taboo when it originally was published. This inspiring account of her struggle to help and understand her daughter with mental retardation was perhaps the first disclosure of its kind by a public figure.

Callanan, Charles R.

SINCE OWEN

John Hopkins University Press, 1990

More than one family's story, both a comprehensive guidebook and an information-packed resource for parents of children with disabilities. Explores topics ranging from genetic counseling to the disabled child as an adult.

Simon, Rachel

RIDING THE BUS WITH MY SISTER

Plume/Penguin Books, 2003

The true story of Rachel's journey, who spends a year riding the bus with her sister, Beth, and learns a lot about enjoying life.

Baker, Bruce L &Brightman, Alan J.

**STEPS TO INDEPENDENCE - TEACHING EVERYDAY
SKILLS TO CHILDREN WITH SPECIAL NEEDS**

Paul H. Brooks Publishing, 1997

This books helps parents look at ways to boost their child's self-esteem and help them reach their full potential. Teaching tips on 'get ready' skills, toilet training, play skills, self care and more.

Levitt, Sophia

**BASIC ABILITIES - A WHOLE APPROACH:
A DEVELOPMENTAL GUIDE FOR CHILDREN WITH
DISABILITIES.**

Souvenir Press (Educational & Academic) Limited, 1994

This book offers a refreshing new practical approach for those caring for a child with multiple disabilities. It uses familiar, everyday routines (i.e. dressing, washing, playing) to develop the child's abilities in all functions.

Klein, Marsha Dunn, MED, OTR

PRE-DRESSING SKILLS

Communication Skills Builders, Inc., 1983

Skill starters for self-help development. A success learning program for teaching specific dressing and undressing tasks to preschool children, children who are developmentally delayed and adults and children with physical disabilities.