

## VIDEOS

### ***PARENTING THE INFANT WITH PROLONGED HOSPITALIZATION***

Child Development Media, Inc., 1996

Encourages parents to become involved with their infant as much as possible. Also provides tips on things parents can do for themselves to cope during a difficult time. (12 minutes)

### ♥ ***THE HOSPITAL ADVENTURES OF JIMMY, JUDY AND AC*** Baldacci Productions, 1993

An animated character (AC) helps Jimmy overcome his fear of going to the hospital. AC uses a magical remote to change channels on AC's TV until he finds Judy. They watch Judy enter the hospital. Jimmy concludes he has nothing to worry about. (15 minutes)

### ♥ ***OPERATION SNEAK-A-PEAK***

MHMH Productions, 1992

Done at DHMC this video shows children what to expect when they have to go into the hospital. (20 minutes)

### ♥ ***PLASTIC EGGS OR SOMETHING? CRACKING HOSPITAL LIFE***

Starbright Foundation, 1998

An inside look at hospital life, including check-in, getting treatment, sharing a room, and eating food. For teens.

### ♥ ***WHAT AM I, CHOPPED LIVER? COMMUNICATING WITH YOUR DOCTOR***

Starbright Foundation, 1998

This video helps teen to learn to communicate with their doctors.

### ♥ ***COPING & CONNECTING: TEENS TALK ABOUT LIVING WITH A CHRONIC ILLNESS***

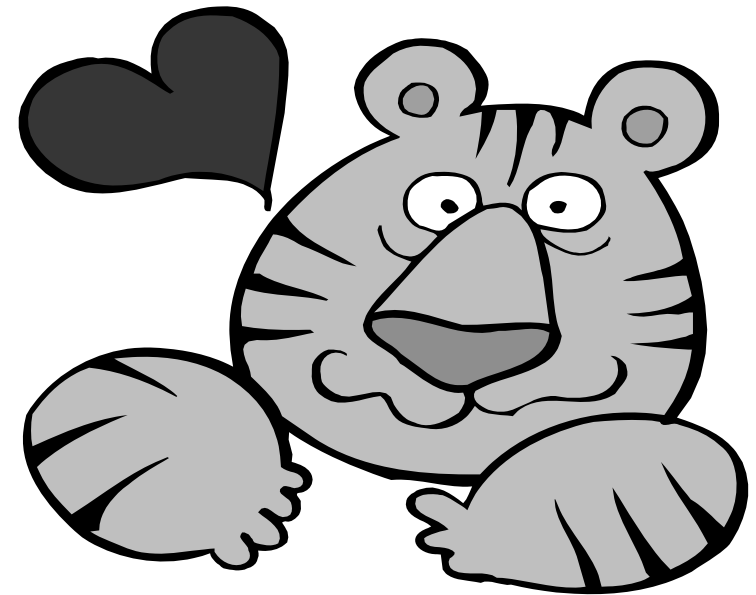
Children's Health Care & Fresh Images Video Productions, 1997

Teens and young adults talk candidly about what it's like to be diagnosed with a chronic or life-threatening illness, its challenges

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NH Family Voices Lending Library

## **Books for Families and Children with Heart Defects**



NH Family Voices  
(603) 271-4525 or toll free in NH  
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NH Family Voices has available the following books in the lending library.

Children's books are marked with a ♥ .

Books are sent through the mail, with a postage paid return envelope.

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♥ Clabough, Jean, RN

***MATTY'S HEART CATH, STORY AND COLORING BOOK***

Aletheia Publishing, 1995

A story and coloring book to help children understand and be less fearful of cardiac cathing. Also great for parents general understanding.

♥ Clabough, Jean, RN

***MATTY'S HEART - A CHILD'S AND PARENTS GUIDE TO OPEN HEART SURGERY***

Aletheia Publishing, 1995

A story of Matthew and his first heart surgery. Suggested understanding level chart and explanation for parents to broaden their understanding of what open heart surgery entails.

♥ ***TO MEND A BROKEN HEART - PEDIATRIC HEART SURGERY***

Kids with a Heart National Association for Children's Heart Disorders, 1996

Information on cardiac surgery for children.

♥ Howe, James

***A NIGHT WITHOUT STARS***

Aladdin Paperbacks, 1983

When eleven year old Maria must go to the hospital for open heart surgery, she finds strength in her friendship with a badly scarred burn victim.

♥ Mills, Joyce C.

***LITTLE TREE: A STORY FOR CHILDREN WITH SERIOUS MEDICAL PROBLEMS***

Magination Press, 1992

Although saddened that a storm caused her to lose some of her branches, Little Tree draws strength & happiness from the knowledge that she will still have a strong trunk, deep roots and a beautiful heart.

♥ Civardi, A. & Cartwright, S.

***GOING TO THE HOSPITAL***

Usborne Publishing, 1995

Delightful introduction for children about going to the hospital.

Fuller, Dawn Winkelman

***THE HEART OF JOSHUA: A STORY OF HOPE FOR ALL PARENTS OF CHILDREN WITH CHRONIC ILLNESS***

University of Toronto Press, 1987

Addresses the roller coaster of emotions, care and experiences of having a child with a chronic illness.

Moynihan, Patricia RN, PNP, MPH and Haig, Broatch RD, CDE  
***WHOLE PARENT WHOLE CHILD; A PARENTS GUIDE TO RAISING A CHILD WITH A CHRONIC ILLNESS***

DCI Publications Co., 1989

Covers age ranges such as birth to age 1, toddler, pre-school, etc. Parenting issues, development, emotional needs of child, working with schools and everyday concerns.

Keene, Nancy & Prentice, Rachel

***YOUR CHILD IN THE HOSPITAL: A PRACTICAL GUIDE FOR PARENTS***

O'Reilly, 1999

A book of tips from veteran parents designed to make any hospital stay, whether of short or long duration easier. It includes tips on preparing your child, packing, coping with common problems, pain management, feelings and financial assistance.

♥ Peterkin, Allan MD

***WHAT ABOUT ME? WHEN BROTHERS AND SISTERS GET SICK***

Magination Press, 1992

In this poignant story a young girl attempts to cope with her brother being ill. This story will allow parents and their well children to take some time out for one another and to forge a renewed sense of family. Beautifully written and illustrated.

♥ Duncan, Debbie

***WHEN MOLLY WAS IN THE HOSPITAL: A BOOK FOR BROTHERS AND SISTERS OF HOSPITALIZED CHILDREN***

Rayve Publications Inc., 1994

Anna's little sister Molly needs to go to the hospital for an operation. In this sensitive and emotional story, Anna tells about the experience from her point of view.

♥ Murray, Susan

***FUZZY AND FRANKIE***

Children's National Medical Center, 1991

Helps young children deal with serious illness & medical treatment.

♥ Rogers, Fred

***GOING TO THE HOSPITAL***

G.P. Putnam's Sons, 1988

Describes what happens during a stay in the hospital, including some of the common forms of medical treatment.

♥ Howe, James

***THE HOSPITAL BOOK***

William Morrow & Company, Inc.,  
1981, 1994

Shows children what to expect during a hospital visit. Reassures young readers.

♥ Whittington, Gisella Olivo

***PUMP THE BEAR***

Brown Bear, 2001

This is the story of a bear cub named Pump, who has surgery to repair a broken heart just after he is born.

♥ Jaworski, Anna Marie

***MY BROTHER NEEDS AN OPERATION***

Baby Hearts Press, 1998

The story of how Joey's life was affected when his little brother Alex went to the hospital to have his operation. A wonderful story which talks about Joey, but also provides a chance for siblings to share their feelings.

♥ ***IT'S MY HEART***

The Children's Heart Foundation, 2004

A great resource for families and patients who have a congenital or acquired heart disease. Includes clear, simple explanations of common defects, "before and after" diagrams, treatments, tests, and procedures. This book is very helpful for older children as well as parents.

♥ Newell, Carol Donsky

***BLUE LEWIS AND SASHA THE GREAT***

Cally Press, 2005

A short, sweet story about Lewis, who has a hole in his heart. Talks about how Lewis feels about being smaller, unable to do some things .

♥ Anglim, Maryann; Allan, Walter, MD

***KARA MIA: THE STORY OF SUDDEN LOSS AND SLOW RECOVERY IN A TEENAGER WITH LONG QT SYNDROME***

Seahorse Press, 1997

Kara, age 14, collapsed unexpectedly at track practice. This chronicles the journey of her family and doctors as they struggle to understand her condition and help her to recover.

♥ Arrington, Aileen

**PAPER HEART**

Front Street, 2006

6th grade Nadia begins to defy her "overprotective" mother, who won't let her play outside on cold days, or do much of anything in fear of her health. In the process of learning about her heart condition, Nadia finds the strength to help herself and her mom.

Kramer, Gerri Freid & Maurer, Shari

**THE PARENT'S GUIDE TO CHILDREN'S CONGENITAL HEART DEFECTS**

Three Rivers Press, 2001

Written by two parents of children who had congenital heart defects, this book is presented in a question and answer format. Covers diagnosis, treatment options, surgery and aftercare.

Gerber, Max S.

**MY HEART VS. THE REAL WORLD: CHILDREN WITH HEART DISEASE, IN PHOTOGRAPHS & INTERVIEWS**

Cold Spring Harbor Laboratory Press, 2008

Ten chapters profile ten children with congenital heart disease, in beautiful pictures. Quotes from parents & children fill out the profiles. The photographer was born with a cardiac condition and has had a pacemaker since age 8.

Jaworski, Anna Marie

**HYPOPLASTIC LEFT HEART SYNDROME: A HANDBOOK FOR PARENTS**

Baby Hearts Press, 1997

This book tells what to expect when your child has open heart surgery, how to live with your child's heart defect. Written by a parent for parents of children with severe congenital heart defects, provides education & support.

Roberts, Jillian & MacMath, Sheryl

**STARTING A CONVERSATION: SCHOOL CHILDREN WITH CONGENITAL HEART DISEASE**

Detselig Enterprises LTD, 2006

This book provides basic information, but more importantly, tips on meeting the needs of children with congenital heart disease at school. Includes a list of things both parents and teachers can do to make school easier for the child.

Billups, Bonny

**MARK THE PEANUT BUTTER KID**

Valley Publishing, 1999

Bonny tells of her experiences when her son Mark is born with a cardiac defect.

N. Archer & M. Burch

**PEDIATRIC CARDIOLOGY**

Chapman & Hall Medical, 1998

This book covers cardiac assessment, genetics, interventions, profiles cardiac issues in infants, older children and young adults. It also discusses specific conditions such as arrhythmias, lesions and cardio-respiratory disorders.

**OTHER BOOKS OF INTEREST**

♥ Civardi, Anne

**GOING TO THE DOCTOR**

Usborne Publishers, 2000

Simple text and colorful, humorous illustrations introduce young children to a visit to the doctor.

♥ Ciliotta, Claire & Livingston, Carole

**"WHY AM I GOING TO THE HOSPITAL?"**

Carol Publishing Group, 1981

Explains things that happen in a hospital and some of the things one might see.

