

Dickens, Monica

***MIRACLES OF COURAGE: HOW FAMILIES MEET THE CHALLENGE OF A CHILD'S CRITICAL ILLNESS***

Dodd, Mead & Company, 1985

This is a story of survival, endurance, and courage. An inspiring account of how ordinary families turn the crisis of a child's illness into a power of spirit.

## VIDEOS

♥ ***WITH A LITTLE HELP FROM MY FRIENDS: LIVING WITH LEUKEMIA AND LYMPHOMA***

Leukemia & Lymphoma Society of America, 2001

For adolescents and their parents.

♥ ***TEENS TALK ABOUT LIVING WITH A CHRONIC ILLNESS***

Children's Health Care, 1997

This video is encouraging. Teens speak about what it is like being diagnosed with a chronic or life threatening illness, it's challenges and what helps them cope. Cancer, Asthma, Diabetes, Brain Surgery are among the illnesses addressed.

♥ **American Brain Tumor Association  
*ALEX'S JOURNEY***

Ronald McDonald House Charities, 2000

Approximately 30 minutes - this video is a fictional story of a child with a brain tumor.

♥ ***MAKING THE GRADE: BACK TO SCHOOL AFTER CANCER FOR TEENS***

Cancervive/Leukemia Society of America, 2001

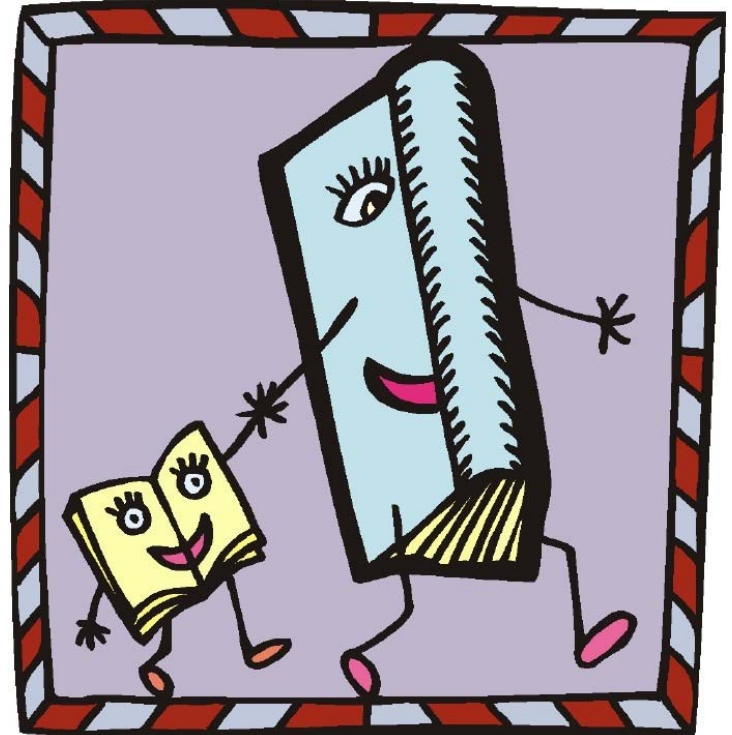
♥ ***JUST A KID: A CANCER EDUCATION PROGRAM***

Carti

A video for children, providing general information on cancer & its treatment. This is geared toward classmates of patients returning to school, and features stories from survivors.

NH Family Voices Lending Library

## Books for Families and Children Managing Cancer



NH Family Voices

(603) 271-4525 or toll free in NH

1-800-852-3345 Ext. 4525

<http://www.nhfv.org>

NH Family Voices has available the following books in the lending library. Children's books are marked with a ♥ .

Books are sent through the mail, with a postage paid return envelope.

Call 1-800-852-3345 Ext. 4525 for additional information.

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♥ Krisher, Trudy

***KATHY'S HATS***

Albert Whitman & Company, 1992

Kathy's love of hats comes in handy when the chemotherapy treatments she receives for her cancer makes her hair fall out.

♥ Gaes, Jason

***MY BOOK FOR KIDS WITH CANCER: A CHILD'S AUTOBIOGRAPHY OF HOPE***

Melius Publishing Corporation, 1987

Written by a child with cancer for children with cancer.

♥ Lancaster, Matthew

***HANG TOUGH***

Paulist Press, 1985

Written as encouragement to children with cancer by a little boy with cancer.

♥ ***ALEX'S JOURNEY***

American Brain Tumor Association, 1994

The fictitious story of a young boy with a brain tumor.

(See also Videos)

♥ Loranger, Nancy RN, MN, PNP; Secola, Rita RN, MSN & Leffin, Doug CCLS

***YOUR BODY AND G-CSF***

Children's Hospital of Orange County, 1993

This book is written and illustrated specifically to teach adolescents about G-CSF

***PAIN CONTROL: A GUIDE FOR PEOPLE WITH CANCER AND THEIR FAMILIES***

National Institute of Health, 2000

Discusses types of pain management including medications and other therapies such as bio-feedback, imagery, hypnosis and acupuncture.

Haylock, Pamela J., RN and Curtiss, Carol P., RN

***CANCER DOESN'T HAVE TO HURT: HOW TO CONQUER THE PAIN CAUSED BY CANCER AND CANCER TREATMENT***

Hunter House, 1997

Covers pain management options including non-drug methods. Also has suggestions for dealing with the insurance company and explaining pain needs to the physician.

***CANCER CLINICAL TRIALS: THE IN-DEPTH PROGRAM***

National Institutes of Health/National Cancer Institute, 2001

Provides a detailed explanation of cancer clinical trials from design to physician and patient participation.

Haller, James

***WHAT TO EAT WHEN YOU DON'T FEEL LIKE EATING***

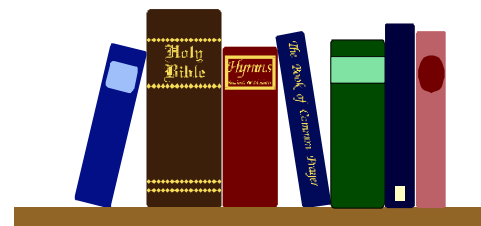
Robert Pope Foundation, 1994

Tasty and healthy food suggestions for those whose appetite is diminished due to cancer therapy or other life threatening illness.

***CHRONIC MYELOGENOUS LEUKEMIA***

Novartis Oncology/Leukemia & Lymphoma Society, 2000

Overview of the disease, causes, risk factors, treatment options and social and emotional aspects. Further reading suggestions included.



***EATING HINTS FOR CANCER PATIENTS***

National Institute of Health, 1997

Discusses eating well during treatment, managing eating problems, special diets and healthy recipes.

***MANAGING YOUR CHILD'S EATING PROBLEMS DURING CANCER TREATMENT***

National Institute of Health, 1994

This booklet contains ideas for parents to help their child's appetite during treatment.

***CARING FOR THE PATIENT WITH CANCER AT HOME, A GUIDE FOR PATIENTS AND FAMILIES***

American Cancer Society, 1988

A step by step guide for the "to do" and "not to do" issues.

Brack, Pat with Brack, Ben

***MOMS DON'T GET SICK***

Melius Publishing, Inc., 1990

This book validates emotions and assists families in expressing and sharing those emotions when a mother is ill with cancer.

***YOUNG PEOPLE WITH CANCER, A HANDBOOK FOR PARENTS***

National Institute of Health, 2001

Discusses the disease, treatment, health issues, procedures, coping and supports around cancer.

***TALKING WITH YOUR CHILD ABOUT CANCER***

National Institute of Health, 1994

This will assist parents in telling their child about cancer.

***FACING FORWARD, A GUIDE FOR CANCER SURVIVORS***

National Institute of Health, 1995

Issues such as caring for your health, taking care of your emotions, insurance issues, earning a living and moving ahead with your life.

♥ Loranger, Nancy RN, MN, PNP;  
Secola, Rita RN, MSN & Leffin,  
Doug CCLS

***MARVIN'S MARVELOUS MEDICINE***

Children's Hospital of Orange  
County, 1993

Written and illustrated to teach  
school aged children about G-CSF.  
Beautifully illustrated.



♥ Loranger, Nancy RN, MN, PNP: Secola,  
Rita, RN, MSN & Leffin, Doug, CCLS

***SAMMY'S SYRINGE: SAMMY'S SPECIAL STUFF***

Children's Hospital of Orange County, 1993

This publication is intended as an educational tool only.  
Written and illustrated specifically to teach pre-school  
children about G-CSF.

♥ Bearison, David J.

***"THEY NEVER WANT TO TELL YOU": CHILDREN TALK ABOUT CANCER***

Harvard University Press, 1991

The focus of this book is on the narratives of eight children who have cancer. The primary purpose is to familiarize readers with the rich variety of ways in which children talk about having cancer, so that it will be easier from them to talk openly and honestly with children about cancer.

♥ Bauer, Dave

***MY NAME IS BUDDY: A STORY FOR CHILDREN ABOUT BRAIN TUMORS***

National Brain Tumor Foundation, 2002

This story is told from the point of view of Buddy, a nine year old Golden Retriever who undergoes treatment for a brain tumor. Buddy talks about waiting at the hospital, being tired, undergoing surgery, and meeting others who have been ill.

♥ Warner, Sally  
***SORT OF FOREVER***  
Scholastic, 1998

Two girls who had been together for ages, find changes in their lives during the summer before seventh grade when one is diagnosed with cancer. This book explores a tough test of friendship, and reveals that even in painful moments there is laughter.

♥ Trillin, Alice  
***DEAR BRUNO***  
New Press, 1996

In this letter to a friend's son, who has just been diagnosed with cancer, the author shares her experience with a tumor and offers a listening heart.

♥ Henry, Cynthia and Gosselin, Kim  
***TAKING CANCER TO SCHOOL***  
JayJo Books, 2001

Max talks about having leukemia, his treatment and losing his hair. Makes it clear that cancer is not contagious and that having friends is important, both in the hospital and at school. Tips for teachers, resources included. Ages 5-10.

♥ Keene, Nancy  
***CHEMO, CRAZINESS & COMFORT: MY BOOK ABOUT CHILDHOOD CANCER***  
Candlelighters Childhood Cancer Foundation, 2002

This book provides clear explanations about having cancer for children ages 6-12. Lots of tips for dealing with side-effects and siblings.

♥ Ulberg Lilleby, Kathryn  
***STEVIE'S NEW BLOOD***  
Oncology Nursing Press, 2000

Stevie undergoes a bone marrow transplant for his leukemia. His sister Anne is his donor. Transplant is explained from a child's point of view. Simple explanations & colorful illustrations.

Shiminski-Maher, Tania; Cullen, Patsy;  
Sansalone, Maria  
***CHILDHOOD BRAIN & SPINAL CORD TUMORS***

O'Reilly & Associates Publishing, 2002  
This is a practical guide for parents, covering both medical information and tips on managing day-to-day issues. Lots of family quotes.



***TAKING TIME; SUPPORT FOR PEOPLE WITH CANCER AND THE PEOPLE WHO CARE ABOUT THEM***  
National Institute of Health, 1997

Each chapter begins with a brief summary of the main points. You may want to review the summaries first and then read the entire chapters as you feel ready.

Stronach, Karen  
***SURVIVORS GUIDE TO A BONE MARROW TRANSPLANT: WHAT TO EXPECT AND HOW TO GET THROUGH IT***  
National Bone Marrow Transplant Link, 1997

This guide begins with a brief section explaining some of the nuts and bolts of a bone marrow transplant and follows with a journey as seen through those that have gone through it.

Finn, Robert  
***CANCER CLINICAL TRIALS: EXPERIMENTAL TREATMENTS AND HOW THEY CAN HELP YOU***  
O'Reilly, 1999

This book is an excellent tool to use in evaluating the range of treatment options available and on making the decision about participating in a clinical trial.

***A RESOURCE GUIDE FOR PARENTS OF CHILDREN WITH BRAIN OR SPINAL CORD TUMORS***

Children's Brain Tumor Foundation, New York; 3rd Edition 2003  
Gives an overview of brain & spinal cord brain tumors. Discusses hospitalization and treatment, educational issues, support and resources. ♥ We also have this in Spanish.

Keene, Nancy, editor

***EDUCATING THE CHILD WITH CANCER: A GUIDE FOR PARENTS AND PROFESSIONALS***

Candlelighters Childhood Cancer Foundation, 2003

A basic overview of childhood cancer, with a thorough discussion of educational issues during & after treatment. Tips on supporting school re-entry, dealing with learning issues.

Fromer, Margot Joan

***SURVIVING CHILDHOOD CANCER - A GUIDE FOR FAMILIES***

New Harbinger Publications, 1998

Lots of inspirational stories mixed in with an overview of pediatric cancer .

Harpham, Wendy Schlessel, MD

***WHEN A PARENT HAS CANCER: A GUIDE FOR CARING FOR YOUR CHILDREN***

Hapercollins Publishing, 1997

A guide for parents with cancer. Provides comfort, reassurance and practical advice to families facing cancer.

♥ Includes a book for children, "Becky and the Worry Cup."

Houts, Peter PhD.

***HOME CARE FOR CANCER - FOR FAMILIES AND FRIENDS GIVING HOME CARE***

American College of Physicians, 1994

Written for a broad audience, this easy-to-use book is designed for home caregivers, support groups, and education programs. Twenty two plans dealing with physical, emotional and social problems caused by cancer and cancer treatment.

Hodder, Honna Janes and Keene, Nancy

***CHILDHOOD CANCER: A PARENT'S GUIDE TO SOLID TUMORS***

O'Reilly, 1999

Wonderful resource for parents of children who have been diagnosed with a solid tumor (not brain tumors).

♥ Karu, Tyler and Karu, Tim

***HENRY AND THE WHITE WOLF***

Workman Publishing, 2000

Henry the hedgehog has to bravely face going to see the White Wolf for treatment, staying away from home and losing his quills. Nice story of his journey back to being well.

♥ Moliferno, Jennifer A.

***PARKER'S BRAIN STORM***

Children's Brain Tumor Foundation, 2003

Parker, a little bear, has a brain tumor. He meets Dr. Spott E. Dogg who helps him understand what is going on and what treatment may lie ahead. Written for young children.

♥ Klett, Amy

***THE AMAZING HANNAH: LOOK AT EVERYTHING I CAN DO!***

Candlelighters Childhood Cancer Foundation, 2002

Written specifically for young children with cancer (Up to age 5 or 6). Pictures show Hannah going for check-ups, having her central line cared for and playing in the play room.

♥ We also have this book in Spanish.

♥ Murray, Lisa

***ANGELS & MONSTERS: A CHILD'S EYE VIEW OF CANCER***

American Cancer Society, 2002

A beautiful book of illustrations, quotes, black and white photos of 25 children who have battled cancer.



♥ Dempsey, Sharon

***MY BRAIN TUMOUR ADVENTURES: THE STORY OF A LITTLE BOY COPING WITH A BRAIN TUMOUR***

Jessica Kingsley Publishers, 2003

Owen uses his imagination and has a series of adventures, all while undergoing treatment for a brain tumor. Beautiful black and white illustrations, simple text makes this a wonderful story for young children, up to the age of 7.

♥ Kent, Deborah

***THE ONLY WAY OUT***

Scholastic Books, 1997

Fourteen year old Shannon has been on Chemo for 2 years, and thinks her treatment is about to end. She is very upset when her new doctor says she needs "more chemo". This is a story about a teen coming to terms with her treatment.

♥ Fang, Su Chen

***HAPPY BIRTHDAY TO YOU***

Barron's, 1996

Sam's new friend Lily is being treated for cancer. When Lily goes back to the hospital, Sam has to celebrate her birthday alone. A touching story.

♥ Richmond, Christina

***CHEMO GIRL: SAVING THE WORLD ONE TREATMENT AT A TIME***

Jones and Bartlett Publishers, 1997

Written & illustrated by a 12 year old patient. This is the story of the superhero "chemo girl" and her battle with cancer.

♥ Koss, Amy Goldman

***SIDE EFFECTS***

Brutally honest, sometimes quite funny, story told by 15 year old Izzy about her diagnosis and treatment for cancer. Great story for teens.

Canfield, Jack; Hansen, Mark Victor; Aubery, Patty & Mitchell, Nancy, RN

***CHICKEN SOUP FOR THE SURVIVING SOUL***

Health Communications, Inc., 1996

101 stories from cancer survivors.

Babcock, Elise Needell

***WHEN LIFE BECOMES PRECIOUS: A GUIDE FOR LOVED ONES AND FRIENDS OF CANCER PATIENTS***

Bantam Books, 1997

Written by the founder of Cancer Counseling, Inc. this book is packed with hundreds of tips for providing support to patients, caregivers, co-workers, and family members.

Keene, Nancy

***CHILDHOOD LEUKEMIA; A GUIDE FOR FAMILIES, FRIENDS AND CAREGIVERS***

O'Reilly, 1999

Wonderful resource book for families covering all aspects of childhood leukemia.

Carroll, William L. MD & Reisman, Jessica, CSW

***100 QUESTIONS & ANSWERS ABOUT YOUR CHILD'S CANCER***

Jones and Bartlett Publishers, 2005

A very helpful guide, covering general information about cancer types & treatment options. Post treatment quality of life issues and coping strategies for families also included.

Johnson, Joy & Johnson, S.M. DR.

***WHY MINE? FOR PARENTS WHOSE CHILD IS SERIOUSLY ILL***

Centering Corporation, 1981

A very supportive little booklet, addressing typical reactions to a child's illness, and tips for each family member.

♥ Kohlenberg, Sherry  
***SAMMY'S MOMMY HAS CANCER: A STORY FOR CHILDREN WHO HAVE A LOVED ONE WITH CANCER***  
Fareth Stevens Publishing, 1994  
A book to help children understand cancer and to answer questions they may have.

♥ Yeffe, Risa Sacks  
***ONCE UPON A HOPEFUL NIGHT***  
Oncology Nursing Press, Inc., 1989  
This story was created as a tool for parents to use to break the news of their cancer to their children. Designed to open up communication so that the specific situations of each family can be addressed. A rhyming story.

♥ Strauss, Linda Leopold  
***WHAT ABOUT ME?: A BOOKLET FOR TEENAGE CHILDREN OF CANCER PATIENTS***  
Cancer Family Care, Inc., 1986  
This booklet describes cancer. Treatments, emotions and grief are discussed in terms a child can understand.

♥ Ackerman, Abigail and Adrienne  
***OUR MOM HAS CANCER***  
American Cancer Society, 2001  
Written and illustrated by two sisters, ages 9 & 11, whose Mom has breast cancer. Chronicles the ups & downs of treatment, and the family's bond through it all.

♥ Frahm, Amelia  
***TICKLES TABITHA'S CANCER-TANKEROUS MOMMY***  
Nutcracker Publishing Co., 2001  
Her mom is just like any other mom, minus hair. The doctor warns that mom might get "cancer-tankerous", and she does. The story ends with them playing a favorite game.

♥ Keene, Nancy, Hobbie, Wendy, Ruccione, Kathy  
***CHILDHOOD CANCER SURVIVORS: A PRACTICAL GUIDE TO YOUR FUTURE***  
O'Reilly, 2000  
This book covers the medical and emotional late effects of treatment, schedules for follow-up care, insurance and employment issues. Very empowering for teens and young adults who are survivors. Resource listing included.

♥ Coerr, Eleanor  
***SADAKO AND THE THOUSAND PAPER CRANES***  
Dell Publishing, 1977  
Based on the life of a real little girl who lived in Japan from 1943 to 1955 and developed leukemia as a result of radiation from a bomb dropped on Hiroshima in WWII.

♥ Rogers, Fred  
***SOME THINGS CHANGE AND SOME THINGS STAY THE SAME***  
Family Communications, 1989  
Reassuring book for children with cancer. Acknowledges that having cancer can be hard, but that many things don't change.

♥ Romenesko, Ross  
***I HAD A TUMOR, IT WASN'T A RUMOR: A CANCER SURVIVOR'S STORY***  
Ross Romenesko Team Limited, 2003  
The very inspiring story, written by Ross, of his battle with Burkitt's Lymphoma. Each family member, Mom, Dad, and brother, has a page of thoughts. Ross shares some of his own tips on getting through procedures and treatment.

♥ Center for Attitudinal Healing  
***THERE IS A RAINBOW BEHIND EVERY CLOUD***  
Celestial Arts, 1978  
Eleven children share their experiences with terminal illness, especially the ways they cope with the prospect of their own death.

♥ Gordon, Melanie Apel

***LET'S TALK ABOUT WHEN KIDS HAVE CANCER***

Rosen Publishing Co., 1999

In a straight forward yet comforting way, this book explains what cancer is, what kinds of treatments surround the disease and how to cope if a child or the friend of a child is diagnosed.

♥ Geller, Rita

***VICTORIA'S SMILE***

Scholastic Inc., 1995

When Victoria starts in a new school, the kids find it difficult to make friends with her because she looks different. Her mom speaks to the classroom about Victoria's battle with a brain tumor and the effects it had on her looks. True story.

♥ Swanson, Susanne M.

***THE SANDBOX KING***

Writer's Press, 1995

The story of a boy and his friend Gordy, who has leukemia and all the fun they have together. Explains what cancer and chemotherapy are in understandable terms.

♥ Schultz, Charles

***WHY CHARLIE BROWN, WHY? A STORY ABOUT WHAT HAPPENS WHEN A FRIEND IS VERY ILL***

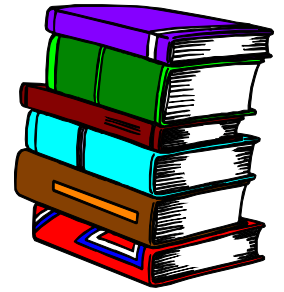
Ballantine Books, 1990

Linus struggles with his friend Janice's diagnosis with leukemia. This story highlights not just how her illness impacts Janice and her family, but also her classmates and her friends. It is a very touching, and positive story.

♥ ***SAMMIE'S NEW MASK (FOR FRIENDS OF CHILDREN WITH CANCER)***

National Children's Cancer Society, 2002

This coloring book was designed to help young children whose friends have cancer. It addresses common issues, weight, hair loss, wearing a mask and talks about the need to still have friends.



♥ Amadeo, Diana M.

***THERE'S A LITTLE BIT OF ME IN JAMEY***

Albert Whitman and Co., 1989

Brian's little brother Jamey is battling leukemia. This story touches on how Brian feels about all the attention Jamey gets, as well as his own anxiety and pride about being his bone marrow donor.

♥ Sonnenblick, Jordan

***DRUMS, GIRLS & DANGEROUS PIE***

Scholastic Inc., 2004

Steven has a pretty normal life. He plays drums, has a crush on a girl, and is annoyed by his younger brother, Jeffrey. When Jeffrey gets sick, Steven's world is turned upside down. A great book for teens.

♥ Dodd, Michael

***OLIVER'S STORY: FOR "SIBS" OF KIDS WITH CANCER***

Candlelighters Childhood Cancer Foundation, 2004

Oliver's little sister, Isabelle, has cancer. His story addresses the emotions he feels as his sister has surgery and undergoes treatment. Very positive and empowering story for siblings.