

NH Family Voices Lending Library

Books for Families and Children Managing Cerebral Palsy



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NH Family Voices
1-800-852-3345 X 4525
(603) 271-4525
www.nhfv.org

New Hampshire Family Voices has available the following books in the lending library. Children's books are marked with a ♥.

Books are sent through the mail with a postage paid return envelope. For more information call: 1-800-852-3345 X 4525.

♥ Holcomb, Nan

ANDY OPENS WIDE

Jason Nordic Publishers, 1990

Andy has problems with voluntary oral motor control. This story helps friends and family understand the frustrations children with disabilities feel at times.

♥ Holcomb, Nan

PATRICK AND EMMA LOU

Jason and Nordic Publishers, 1989

Patrick, who has CP, and Emma Lou, who has Spina Bifida, encourage each other as they use their walkers. Patrick's dream of walking like other children makes this an excellent story for classmates and peers of children with disabilities.

♥ Holcomb, Nan

ANDY FINDS A TURTLE

Jason and Nordic Publishers, 1989

Andy's physical therapist calls him a turtle one day when he's feeling uncooperative. But what's a turtle? Andy's attempts to discover what a turtle is leads to an important lesson about himself as well as motivation for physical therapy.

♥ Holcomb, Nan

DANNY AND THE MERRY-GO-ROUND

Jason and Nordic Publishers, 1984

Danny is faced with another frustration and a boring day at the playground watching instead of doing. He finds a new friend and enjoys a wonderful new experience.

Lewis, David

THE BODY LANGUAGE OF CHILDREN: HOW CHILDREN TALK BEFORE THEY CAN SPEAK

Souvenir Press Limited, 1978

Learn how to understand what your child is saying and how to talk back to him/her in his own language. You will be able to recognize signs of distress and interpret questions. Invaluable for parents and for those working in playgroups or in childcare.

Nolan, Christopher

UNDER THE EYE OF THE CLOCK

St. Martin's Press, Inc., 1987

The autobiography of the author born and raised in Ireland. When he was 15 years old he stunned the literary world with the publication of a book of exceptional poems. This book tells of his growing up and is a most inspiring story.

VIDEOS

 ***CEREBRAL PALSY: WHAT EVERY PARENT SHOULD KNOW***

A video covering the causes, symptoms and range of possible treatments of CP. (19 minutes)

 ***AEROBICS FOR CEREBRAL PALSY***

Disabled Sports USA, 1995

Aerobics for people with CP—fitness for everyone! (35 minutes)

Stone, Kathy

THE UNSINKABLE STONE

Kojis Printing, Inc., 1991

This is an autobiography of Kathy Stone who has Athetoid-Spastic Cerebral Palsy. Written to show how people with disabilities are more alike than different from people without disabilities.

French, Cindy OTR; Gonzalez, Robin Tapp MA, CCC-SLP &

Tronson-Simpson, Jan RPT

CARING FOR PEOPLE WITH MULTIPLE DISABILITIES - AN INTERDISCIPLINARY GUIDE FOR CAREGIVERS

Therapy Skill Builders, 1991

Covers daily care issues, positioning, eating, bathing with practical solutions to problems.

Klein, Marsha Dunn MED, OTR

PRE-DRESSING SKILLS

Communication Skill Builders, Inc., 1983

Skill starters for self-help development. A successful learning program for teaching specific dressing and undressing skills.

Winters, Jody RPT

POSITIONING FOR HEALTH AND FUNCTION

McGowan Publishers, 1996

This manual has practical information about meeting the positioning needs of those with physical challenges.

Miller, Freeman & Bachrach, Steven J. MD

CEREBRAL PALSY: A COMPLETE GUIDE FOR CAREGIVING

Written by a team of experts this book addresses the complexities and uncertainty of CP.

♥ Holcomb, Nan

A SMILE FROM ANDY

Jason and Nordic Publishers, 1989

Andy is hindered in meeting new people by his shyness until he discovers the special things he can do to make people feel like talking to him.

♥ Aiello, Barbara & Shulman, Jeffrey

IT'S YOUR TURN AT BAT

Twenty-first Century Books, 1988

Mark, a fifth grader with CP, discovers that money for his team's baseball jerseys that he is responsible for is missing.

♥ Emmert, Michelle

I'M A BIG SISTER NOW

Albert Whitman & Company, 1989

Nine year old Michelle describes the joys, loving times, difficulties and other special situations involved in living with her older sister Amy, who was born with severely disabling CP.

♥ Anderson, Mary Elizabeth

TAKING CEREBRAL PALSY TO SCHOOL

Jay Jo Books, LLC, 2000

Chad talks about having CP and what a typical day in school is like. Includes a CP quiz at the end and ten tips for teachers. Elementary level text and pictures that are great for class use.

♥ Thompson, Laura

BALLERINA DREAMS

Feiwei and friends, 2007

An inspiring true story of 5 little ballerinas with cerebral palsy working together, and dancing together. Book profiles classes of practicing and their recital.

♥ Fassler, Joan

HOWIE HELPS HIMSELF

Albert Whitman & Company, 1975

Though he enjoys life with his family and attends school, Howie wants more than anything else to be able to move his wheelchair by himself.

♥ Willis, Jeanne

SUSAN LAUGHS

Henry Holt and Co., 1999

A simple picture book depicting Susan's day and all she does, painting, waving, smiling, etc. In the end she is seen in her wheelchair.

♥ Lasker, Joe

NICK JOINS IN

Albert Whitman & Co., 1980

Nick begins to go to school in a regular classroom. This story tells of Nick's fitting in and how he can be part of the kids lives and activities.

♥ Alden, Carter

STRETCHING OURSELVES: KIDS WITH CEREBRAL PALSY

Albert Whitman & Co., 2000

Profiles three children with CP in various activities throughout the day. Great pictures.

♥ Tuitel, Johnnie & Lamson, Sharon

THE BARN AT GUN LAKE; THE GUN LAKE ADVENTURE SERIES (Book 1)

Cedar Tree Publishing, 1998

An adventure that includes Johnnie who has CP and his friends. Reading level about 9-12 years.

Leonard, Jane Faulkner PT, MSHP; Cadenhead, Sherri L. MSPT, PCS & Myers, Margaret E. OTR

KEYS TO PARENTING A CHILD WITH CEREBRAL PALSY

Barrons Educational Series, 1997

General information on understanding CP, adjusting to child's needs, balancing family relationships as well as education and therapies.

Geralis, Elaine

CHILDREN WITH CEREBRAL PALSY: A PARENTS GUIDE

Woodbine House, 1991

Essential information for parents about CP and how it will affect their child and family. Written by doctors, therapists, educators and parents, this book offers a broad range of information and support.

Seinkiewicz-Mercer, Ruth & Kaplan, Steven B.

I RAISE MY EYES TO SAY YES: A MEMOIR

Houghton Mifflin Company, 1989

The first-person story of Ruth who has been mute and paralyzed since infancy because of CP. Told in a tone utterly free of self-pity she relates her experiences growing up. Will permanently alter the readers perception of the severely handicapped.

Schleinkorn, Jay

COPING WITH CEREBRAL PALSY: ANSWERS TO QUESTIONS PARENTS OFTEN ASK

Pro-Ed, 1993

Answers to commonly asked questions about growth, medical issues, educational issues and professional services. Nicely organized and easy to find specific information.

♥ Heelan, Jamee Riggio

ROLLING ALONG: THE STORY OF TAYLOR AND HIS WHEELCHAIR

Peachtree Publishers, 2000

Taylor, who has cerebral palsy, learns to use his new wheelchair and is excited to be more independent. Now he can keep up with his twin!

♥ Scott, Rosanna

PETER AND FRIENDS AT CAMP

Jason & Nordic Publishers, 2006

Eight year old Peter, who has Juvenile Rheumatoid Arthritis, and Dalton, who has cerebral palsy, attend camp for the first time. Both are a bit afraid of new things, but find that with new friends cheering them on, camp is really fun.

Martin, Sieglinde MS, PT

TEACHING MOTOR SKILLS TO CHILDREN WITH CEREBRAL PALSY AND SIMILAR MOVEMENT DISORDERS: A GUIDE FOR PARENTS AND PROFESSIONALS

Woodbine House, 2006

A great overview of motor development. Full of activities; from exercises to increase flexibility, to tummy activities, sitting, crawling, leg exercises, balance, and standing with support. Lots of pictures and games included.

Papzian, Sandy

GROWING UP WITH JOEY - A MOTHER'S STORY OF HER SONS DISABILITY AND HER FAMILY'S TRIUMPH.

Fithian Press, 1997

Joey has CP and a seizure disorder. This story is the real life story of a family raising their son.

♥ Tuitel, Johnnie & Lamson, Sharon

MYSTERY EXPLOSION; THE GUN LAKE ADVENTURE SERIES (Book 2)

Cedar Tree Publishing, 1998

An adventure that includes Johnnie who has CP and his friends. Reading level about 9-12 years.

♥ Helfman, Elizabeth

ON BEING SARAH

Albert Whitman & Company, 1993

Sarah is 12 years old and going to a new school and is apprehensive about making new friends. Sarah has CP and uses a wheelchair as well as a communication board. Sarah has some real adventures that make this book exciting.

♥ Rose, Colleen

STEP BY STEP

Rose Publications, 1995

Lisa has CP but this has never stopped her from living life to the fullest. Although this book was written from the perspective of the Canadian experience, it makes for interesting reading. Middle school reading level.

♥ Metzger, Lois

BARRY'S SISTER

Maxwell Macmillan International, 1992

Twelve year old Ellen's loathing for her new brother, Barry who has CP, gradually changes to a fierce obsessive love and she must find a proper balance in her life. Middle school reading level.

♥ Perske, Robert

DON'T STOP THE MUSIC

Abingdon Press, 1986

A journalist becomes involved with two young people who have CP.



♥ Lears, Laurie

NATHAN'S WISH: A STORY ABOUT CEREBRAL PALSY

Albert Whitman & Co., 2005

Nathan helps out at a bird rehabilitation center, and learns a lesson about life from an injured owl who can no longer fly.



♥ Gray, Susan H.

LIVING WITH CEREBRAL PALSY

The Child's World, 2003

Basic info about the types of CP, as well as causes. Shows pictures of children of all ages living well, at home, school and at play.

♥ Hiner, Danielle

MOMMY, CAN I PLAY WITH TOMMY?

Publish America, 2003

Written by a mother, this simple story shows a little boy, aged 5, who does not yet speak and typically plays on the swings alone, being invited to play by another little boy one day at the playground.

♥ Wanous, Suzanne

SARA'S SECRET

Carolrhoda Books, 1995

Sara's 5 yr old brother Justin has Cerebral Palsy. In their new school she hasn't told anyone about him out of fear of being teased like she was in her old school. When her teacher does a unit on disabilities, Sara makes a decision about her secret.

♥ Dwight, Laura

WE CAN DO IT!

Starbright Books, 1997

Colorful photos and simple text show individual children, two with CP, another with Spina Bifida, and Down Syndrome at home, school and at play. Very positive, wonderful book to share with a classroom. Also available in Spanish.

♥ Dwight, Laura

BE QUIET MARINA!

Starbright Books, 2001

Two little Girls, age 4, Marina, who has CP and Moira who has Down Syndrome, are alike in many ways, but different in others. This is the story of how they become good friends. Beautiful black and white photos and simple text.

♥ McBryde Johnson, Harriet

ACCIDENTS OF NATURE

Henry Holt and Company, 2006

17 year old Jean, who has cerebral palsy, attends Camp Courage. In those ten adventure filled days, Jean begins to think about her life in a new light.

♥ Ingram-Jackson, Mandi

MY NAME IS GUENAVERE AND I TALK THROUGH MY EYES

Tate Publishing & Enterprises, 2006

Very colorful, simple story showing that Guenavere, while a little different in some ways, is very much the same in all the important ones. She likes school, playing, coloring and making friends.

♥ Whinston, Joan Lenett

I'M JOSHUA AND "YES I CAN".

Vantage Press, 1989

Centers around Joshua's first day of first grade and his fears and insecurities about his disability.