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***DANCING CHEEK TO CHEEK: NURTURING
BEGINNING SOCIAL, PLAY AND LANGUAGE
INTERACTIONS***

Blind Children's Center

Lots of creative tips on playing with and bonding with your baby with a visual impairment. Tips on reading your baby's cues, things to do to encourage play and communication.

Holbrook, M. Cay, PhD

***CHILDREN WITH VISUAL IMPAIRMENTS:
A PARENTS GUIDE***

Woodbine House, 1996

Learning about a young child's visual impairments can be a scary and lonely time for parents. This guide for families of children with mild to severe visual impairments provides support and guidance about the future.

Blakely, Kim S., PhD

***TOYS & PLAY: A GUIDE TO FUN AND
DEVELOPMENT FOR CHILDREN WITH IMPAIRED
VISION***

The Lighthouse Inc., 1995

This is a great guide to fun and activities for children with visual impairments. Ideas for play are broken down by age ranges- starting in infancy, moving to toddlers, preschool and then elementary school. Safety considerations are also included.

Books for Parents and Children about Blindness and Visual Impairment



NH Family Voices

Tel: (603) 271-4525 or toll free in NH

1-800-852-3345 Ext. 4525

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NH Family Voices has available the following books in the lending library. Children's books are marked with a ♥.

Books are sent through the mail, with a postage paid return envelope.

For more information call 1-800-852-3345 X 4525.

♥ Cohen, Miriam

SEE YOU TOMORROW CHARLES

Bantam Doubleday, 1983

Charles is the new boy in first grade and he is blind. His classmates want to be helpful, should they protect Charles or treat him like everyone else? Through events that take place the answer is found.

♥ Schulman, Arlene

T.J.'S STORY

Lerner Publications, 1998

Told in the words of a young boy who has been blinded as a result of retinoblastoma. He tells what it is like to be blind and how things like Braille make his life easier.

♥ Raskin, Ellen

SPECTACLES

MacMillan Publishing Company, 1968

A little girl who is nearsighted tells some of the unusual things she saw before being fitted with glasses. An amusing story that shows how much better things look when you can see them.

♥ Litchfield, Ada A.

A CANE IN HER HAND

Albert Whitman & Company, 1977

A story of a young girl who has a severe visual impairment and her coming to realize her need for a cane.

♥ Headley, Justin Chen

THE PATCH

Charlesbridge, 2006

Becca tells fabulous stories about why she wears an eye patch, but when kids continue to ask questions, she finally tells them about having amblyopia.

♥ Driscoll Beatty, Monica

BLUEBERRY EYES

Health Press NA Inc, 1996

Meaghan, age 7, talks about her eye treatment from in fancy through surgery at age 6. She explains why she needed glasses and surgery, her fears, and how people made her feel better. Her beautiful blueberry eyes are still beautiful!

Ferrell, Kay Alicyn

PARENTING PRESCHOOLERS: SUGGESTIONS FOR RAISING YOUNG BLIND AND VISUALLY IMPAIRED CHILDREN

American Foundation for the Blind, 1984

This booklet answers some of the questions parents of a child newly diagnosed with a visual impairment may have. (What can my child see? Why does my child walk funny?) Provides simple answers & practical tips.





♥ Lang, Glenna

LOOKING OUT FOR SARAH

Talewinds, 2001

Told from the point of view of Perry, a guide dog. Talks about the many ways he looks out for Sarah, an adult who lost her sight from diabetes.

♥ Dwight, Laura

WE CAN DO IT

Star Bright Books, 1997

Colorful photos and simple text show individual children, one with CP, Down Syndrome and Blind at home, school and play. Very positive book, good for classroom use.

♥ Chamberlin, Kate

THE NIGHT SEARCH

Jason & Nordic Publishers, 1997

Heather, who is blind, resists using her white cane until she tries to find her puppy outdoors at night, an experience that helps her accept her cane as a valuable helper.

♥ Cohen, Bernard & Kelly, Geoff

PAUL NEEDS SPECS

Kane Miller Books Publishers, 2004

Sally tells the story of her little brother, Paul, whose world is getting fuzzy. Sally tells the story of his getting glasses. Very colorful story that will be great for a child new to glasses.

♥ Petrillo, Genevieve

KEEP YOUR EAR ON THE BALL

Tilbury House Publishers, 2007

Davey is blind, but shows his classmates that he can do things on his own, until he has a little trouble with kickball. The children figure out a way to help him "hear" the ball.

♥ Day, Shirley

LUNA AND THE BIG BLUR

Magination Press, 1995

Luna is a girl who hates her glasses, but learns to appreciate them after spending a day without them. Children will laugh and have fun with Luna and her adventures. Acknowledges children's feelings & reassures them it's OK to wear glasses.

♥ Coates, Jan

RAINBOWS IN THE DARK

Second Story Press, 2005

Abby is bored while waiting for her mom to finish shopping, until she meets Joanna and her guide dog, Charlie. Charlie is wonderful, but he can't help Joanna pick out a special outfit the way Abby can.

♥ Alexander, Sally Hobart

DO YOU REMEMBER THE COLOR BLUE? AND OTHER QUESTIONS KIDS ASK ABOUT BLINDNESS

Viking Press, 2000

Appropriate for ages 9 and up, this book is based on a series of questions children have asked the author, who has a visual impairment, about blindness.

♥ Carter, Alden

SEEING THINGS MY WAY

Albert Whitman & Company, 1998

A delightful book with wonderful photos about a young girl's visual impairments and the technology available. She also highlights friends that are blind or visually impaired.

♥ Stuart, Sandra Lee

WHY DO I HAVE TO WEAR GLASSES?

Carol Publishing Group, 1989

Emphasizes that glasses are not a punishment, but an ingenious solution to a very common problem. Funny and informative, this book explains in a clear, honest way what eye problems are and how they are corrected. Also provides some humorous history of eyeglasses.

♥ Silbert, Linda P. & Alvin J. Ed.D.

WHITNEY'S NEW GLASSES

Silbert & Bress Publications, 1982

Whitney is afraid to start wearing his new glasses, but by the end of the story he realizes that there is something about every person that makes him or her special. Suggestions for follow-up activities included.

♥ Rau, Dana Meachen

THE SECRET CODE

Children's Press, 1998

A simple story about two young children, each reading in their own way. Lucy uses print and Oscar uses Braille.

♥ Little, Jean

FROM ANNA

Harper Trophy, 1972

Anna has always been the clumsy one in the family, but when she and her family move they discover that she is visually impaired. With glasses and support, Anna's world begins to change.

♥ McMahon, Patricia

LISTEN FOR THE BUS: DAVID'S STORY

Caroline House, 1995

David, who is blind and has a hearing impairment, is off to kindergarten. This book is full of photographs showing how he spends a typical day, from getting on the bus to his favorite after school activities.

♥ Martin Jr., Bill & Archambault, John

KNOTS ON A COUNTING ROPE

Henry Holt & Company, 1987

This poignant story of love and courage of an Indian boy, his grandfather and an exciting horse race. The grandfather's counting rope is a metaphor for the passage of time and the boys emerging confidence in facing his blindness.

♥ Watty, Piper

THE LITTLE ENGINE THAT COULD

Platt & Munk for Braille Institute of America, 1986

The age old story of the little engine who could, in Braille and text.

♥ Steingold, Rita Whitman

TAKING VISUAL IMPAIRMENT TO SCHOOL

Jayjo Books, 2004

Lisa, born blind, talks about how she reads with Braille, moves around town, gets dressed faster than her older sister and even plays baseball at camp (with a ball that beeps!).

