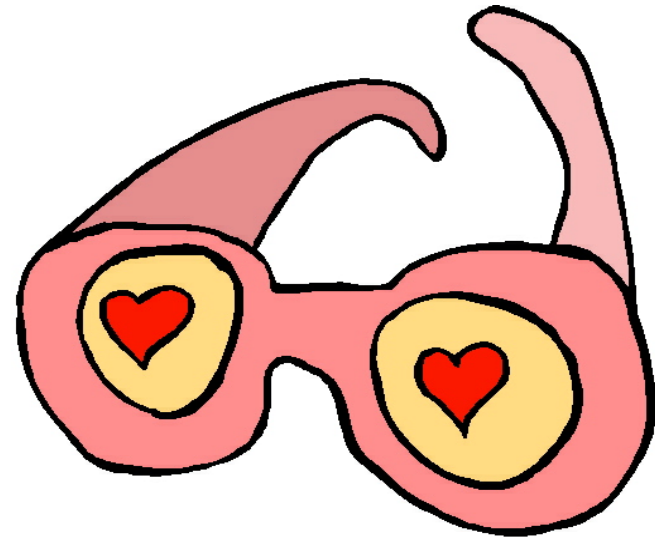


NH Family Voices Lending Library

Books for Children About Autism and Asperger's Syndrome



NHFamily Voices
toll free in NH: 1-800-852-3345 X 4525
or (603) 271-4525
nhfv@yahoo.com
<http://www.nhfv.org>

Last Updated 8/09

New Hampshire Family Voices has the following books in the lending library. Books can be requested by phone, or via our website, and are sent through the mail with a postage paid return envelope.

♥ Gast, Christy & Krug, Jane

CARING FOR MYSELF

Jessica Kingsley Publishers, 2008

A social skills story book, with real pictures and text, that shows children how to do life activities, such as washing hands, bathing, getting a haircut, brushing teeth, going to the doctor. Tips and suggestions for parents follow each story.

♥ Snodgrass, Catherine S.

WHAT'S THAT LOOK ON YOUR FACE? ALL ABOUT FACES AND FEELINGS

Autism Asperger Publishing Co., 2008

Twelve colorful, exaggerated facial expressions (sad, mad, bored, excited) with little poems for each one help to explain to children how faces help to show what people are feeling.

♥ Twachtman-Cullen, Diane

TREVOR TREVOR

Starfish Press, 1998

Trevor has behaviors which set him apart from his peers, but has an opportunity to shine during a puzzle competition. A wonderful story demonstrating positive peer relationships and sensitivity.

♥ Peralta, Sarah

ALL ABOUT MY BROTHER

Autism Asperger Publishing Co., 2002

A thorough description of every day life with Evan, who is 7 years old, by his sister who is 8. Very positive and lovingly told. Wonderful story for siblings to read.

♥ Cooper, Barbara MPS & Widdows, Nancy MS

KNOWING YOURSELF, KNOWING OTHERS: A WORK BOOK FOR CHILDREN WITH ASPERGER'S DISORDER, NONVERBAL LEARNING DISORDER & OTHER SOCIAL SKILL PROBLEMS

Instant Help Books, New Harbinger Publications, 2008

Does your child have trouble reading cues? Understanding the point of view of others? This book has lots of activities to help kids learn these skills, avoid melt downs, understand others, and resolve conflicts with friends.

♥ Al-Ghani, K.I.

THE RED BEAST: CONTROLLING ANGER IN CHILDREN WITH ASPERGER'S SYNDROME

Jessica Kingsley Publishers, 2008

Anger is like a big red beast... it yells and it hits when it grows. When Rufus is hit in the stomach by a ball, his red beast grows and erupts. This is the story of how Rufus learns to control his anger and tame his red beast.

♥ Hoopman, Kathy

BLUE BOTTLE MYSTERY: AN ASPERGER ADVENTURE

Jessica Kingsley Publishers, 2001

Ben and his friend Andy find an old bottle in the school yard, and begin an adventure. Ben is also diagnosed with Aspergers during the story. 3rd-4th grade reading level.

♥ Dunn Buron, Kari

A 5 IS AGAINST THE LAW! SOCIAL BOUNDARIES: STRAIGHT UP! AN HONEST GUIDE FOR TEENS AND YOUNG ADULTS

Autism Asperger Publishing Co., 2007

A simple, humorous way to explain how to handle different levels of anxiety, frustration and anger. For teens with social struggles, this will help them to understand the boundaries for their behavior. (Example: Looking at someone too long, invading someone's space)

♥ Jackson, Luke

FREAKS, GEEKS & ASPERGER SYNDROME: A USER GUIDE TO ADOLESCENCE

Jessica Kingsley Publications, 2002

Written by a 13 year old, this book is wonderful for teens and parents alike. Luke discusses bullying, friendships, school, relationships, diet, sleep and the decision to tell or not to tell others.

♥ Faherty, Catherine

ASPERGER'S ... WHAT DOES IT MEAN TO ME? A WORKBOOK EXPLAINING SELF AWARENESS AND LIFE LESSONS TO THE CHILD OR YOUTH WITH HIGH FUNCTIONING AUTISM OR ASPERGER'S

Future Horizons, 2002

A great workbook for parent and child - divided into twelve chapters detailing exercises about sensory experiences, people, understanding communication, artistic talent, thoughts, school, friends and feelings.

♥ Welton, Jude

CAN I TELL YOU ABOUT ASPERGER SYNDROME? A GUIDE FOR FRIENDS AND FAMILY

Jessica Kingsley Publishing, 2004

Adam, a young boy with Asperger Syndrome, educates young readers about the syndrome. What it feels like, what they can do to help... simple format with additional reading recommendations. (Ages 7-15)

♥ Vittorini, Candace & Boyer-Quick, Sara

JOEY GOES TO THE DENTIST

Jessica Kingsley Publishers, 2007

Joey, who has Aspergers Syndrome, used to find going to the dentist hard. The smells, the sounds. Ugh! Joey's words and colorful photos show Joey going to the dentist. Simple explanations will help to prepare any child for a visit.

♥ Sullivan, Conner

I LOVE MY BROTHER: A PRESCHOOLER'S VIEW OF LIVING WITH A BROTHER WHO HAS AUTISM

Phat Art 4, 2001

Beautiful book by a 4 1/2 year old on his experiences living with and loving a sibling with autism. Includes family pictures as well as his own drawings.

♥ Band, Eve B. PhD and Hecht, Emily

ASPERGER THROUGH A SISTER'S EYES: A YOUNG GIRL'S VIEW OF HER BROTHER'S AUTISM

Nine year old Emily talks about her 11 yr old brother Daniel, who has Aspergers Syndrome. She shares both the information she has learned about "high functioning Autism" as well as her feelings and experiences as a sibling.

♥ Edwards, Adreanna

TAKING AUTISM TO SCHOOL

JayJo Books, 2001

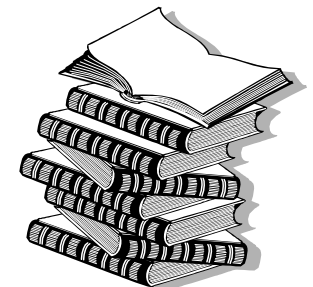
This story is told from the point of view of Angel, whose friend Sam has autism. She shares their differences and similarities, as well as what kinds of things are helpful to Sam (predictability, repetition). Teacher tips and resources included. Ages 5-10.

♥ Ely, Lesley

LOOKING AFTER LOUIS

Albert Whitman & Co., 2004

Simple story, told from the viewpoint of a classmate of Lois, the new boy in school, who has Autism. With a little imagination and kindness, and a game of soccer, classmates learn to include him.



♥ Emigh, Karen

WHO TOOK MY SHOE? DISCOVERING WHO, WHAT, WHERE, WHEN, WHY AND HOW

Future Horizons, 2003

A simple story in which Brett loses his shoe, and asks a series of questions to investigate where it might be. A nice tool to use in teaching children about problem solving, asking questions, and understanding abstract language.

♥ Harris, Sandra L. PhD

SIBLINGS OF CHILDREN WITH AUTISM: A GUIDE FOR FAMILIES

Woodbine House, Inc., 1994

This book may be appropriate for adolescent siblings. An invaluable guide to understanding sibling relationships, how Autism affects these relationships, and what families can do to support their children as they cope with the intensive needs of a sibling.

♥ Ellis, Marvie

KEISHA'S DOORS / LAS PUERTAS DE KEISHA

Speech Kids Texas Press, 2005

An older sister can't understand why her little sister, Keisha, won't play with her or with toys. Keisha is identified as having autism, and the family works with a therapist to find ways to help her "open door" to communicating. (Written in Spanish and English)

♥ Ellis, Marvie

TACOS ANYONE? / ALGUIEN QUIERE TACOS?

Speech Kids Texas Press, 2005

Michael is a four yr. old with autism and his older brother, Thomas doesn't understand why he behaves as he does. The therapist teaches Thomas how to play with Michael, making sibling time fun again. (Written in Spanish and English)

ASPERGER SYNDROME

♥ Gagnon, Elisa and Myles, Brenda Smith

THIS IS ASPERGER SYNDROME

Autism Asperger Publishing Company, 1999

This straight forward book highlights some of the characteristics of AS. Wonderful tool for informing a child, sibling or classmate about Aspergers.

♥ ***FINDING OUT ABOUT ASPERGER SYNDROME, HIGH FUNCTIONING AUTISM AND PDD***

Jessica Kingsley Publishing, 1997

This book was written for teens and adults that have been newly diagnosed with Asperger Syndrome, PDD or high functioning autism. Written by a woman diagnosed as an adult, she has written this for teens with similar difficulties.

♥ Lawson, Wendy

LIFE BEHIND GLASS: A PERSONAL ACCOUNT OF AUTISM SPECTRUM DISORDER

Jessica Kinsley Publishers, 1998

The author shares her experience of having an autism spectrum disorder. The story covers her reflections of growing up with a disability, being diagnosed with Aspergers in 1994.

♥ Hall, Kenneth

ASPERGER SYNDROME, THE UNIVERSE AND EVERYTHING

Jessica Kingsley Publishers, 2001

Written by a ten year old with Asperger Syndrome, who is also exceptionally gifted. He relates his struggles and joys, in a warm and humorous way.

♥ Lears, Laurie

IAN'S WALK

Whitman & Co. 1998

A young girl describes what her brother with Autism is like and how embarrassing it can be, but when he gets lost in the park, she realizes just how much he means to her.

♥ Amenta, Charles A. III, MD

RUSSELL IS EXTRA SPECIAL

Magination Press, 1992

Explaining autism to children can be difficult task. This heart warming portrayal of a boy and his family will help children and their parents understand this developmental disorder.

♥ Thompson, Mary

ANDY AND HIS YELLOW FRISBEE

Woodbine House, 1996

The new girl in school tries to befriend Andy, a boy who spends every recess by himself, spinning a yellow frisbee under the watchful eye of his sister.



♥ Bleach, Fiona

EVERYBODY IS DIFFERENT: A BOOK FOR YOUNG PEOPLE WHO HAVE BROTHERS OR SISTERS WITH AUTISM

Autism Asperger Publishing Co/Nat'l Autistic Society, 2001

Explains the characteristics of autism and answers many of the questions that siblings may have about behavior.

♥ Bishop, Beverly

MY FRIEND WITH AUTISM

Future Horizons, 2002

Written by a mom, who is also a teacher, this story was written for teachers and students in her son's elementary class to help them understand autism. Very positive and helps to foster tolerance and promote inclusion.

♥ Buron, Kari Dunn

WHEN MY AUTISM GETS TOO BIG! A RELAXATION BOOK FOR CHILDREN WITH AUTISM SPECTRUM DISORDERS

Autism Asperger Publishing Company, 2003

Simple language and cartoon drawings depict a relaxation method based on assigning the numbers 1-5. Wonderful tool in teaching self calming strategies.

♥ Sabin, Ellen

THE AUTISM ACCEPTANCE BOOK: BEING A FRIEND TO SOMEONE WITH AUTISM

Watering Can Press, 2006

An activity book for children that provides an overview of autism, but more importantly, tips on being a good friend. A great conversation starter for teaching children about differences and respect.

♥ Wanzer, Paula, MA, CTRS

SURF'S UP FOR FLYNN

Paula Wanza, 2006

Flynn was terrified of the water but now instructs her recreational therapist Nancy to try new things in the pool. Written by a NH based therapist this book is a great blend of photos and quotes.

♥ Lord, Cynthia

RULES

Scholastic Press, 2006

Written by a mom but told from the point of view of a 12 yr old sister, this story uses humor and sensitivity to discuss life with a sibling having autism.

♥ Messner, Abby Ward

CAPTAIN TOMMY

Potential Unlimited Publishing, 1996

Tommy goes off to summer camp with his friend Kevin, but is asked to play with John, a boy with autism. Through the support of adults Tommy learns how to engage John and they all have a great time together pretending to be spacemen.

♥ Welton, Jude

WHAT DID YOU SAY? WHAT DO YOU MEAN? AN ILLUSTRATED GUIDE TO UNDERSTANDING METAPHORS

Jessica Kingsley Publisher, 2004

Simple illustrations and clear language used to explain 100 common sayings. Examples—"You Can't judge a book by it's cover", "Don't put all your eggs in one basket".



♥ Chara, Kathleen A. & Chara, Paul J. Jr. with Chara, Karston J.

ALLERGY BUSTERS: A STORY FOR CHILDREN WITH AUTISM SPECTRUM OR RELATED SPECTRUM DISORDERS STRUGGLING WITH ALLERGIES

Jessica Kingsley Publishers, 2004

A practical guide for children with allergies, it follows the experiences of Karston, who has food and environmental allergies in addition to an autism spectrum disorder. The information is very specific to allergies.

♥ Wrobel, Mary

TAKING CARE OF MYSELF: A HEALTHY HYGIENE, PUBERTY AND PERSONAL CURRICULUM FOR YOUNG PEOPLE WITH AUTISM

Future Horizons, 2003

Using simple language, this book addresses a number of health and maturation issues - from hygiene (washing hands, bathing, tooth brushing, toileting), healthy eating, sleeping, illness, growth and development (including sexuality and puberty issues).

♥ Rajarshi Mukhopadhyay, Tito

BEYOND THE SILENCE: MY LIFE, THE WORLD AND AUTISM

The National Autistic Society, 2000

Written by a boy, who is non-verbal and has autism, lives in South India. This book was written by him between the ages of 8 and 11. It communicates through poems and stories his feelings on autism and being raised in India with a disability.

♥ Katz, Illana; Ritva, Edward, MD

JOEY AND SAM

Real Life Storybooks, 1993

Although it is sometimes hard to have a younger brother like Sam who has autism, Joey is proud when Sam's special class performs at a school assembly.