

NH Family Voices Lending Library

**Books on  
Asperger's Syndrome  
for Parents & Professionals**



New Hampshire Family Voices  
(603) 271-4525 or toll free in NH  
1-800-852-3345 Ext. 4525

New Hampshire Family Voices has available the following books in the lending library.

If interested in children's books on this topic, please request our children's bibliography.

If interested in books on Sensory Integration, please request that listing.

Books are sent through the mail with return postage.

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Kutscher, Martin L., MD

***KIDS IN THE SYNDROME MIX OF ADHD, LD, ASPERGERS, TOURETTE'S, BIPOLAR AND MORE! : THE ONE STOP GUIDE FOR PARENTS, TEACHERS AND OTHER PROFESSIONALS***

Jessica Kingsley Publishers, 2005

A concise, up-to-date guide on a range of disorders in children—from ADHD, OCD, Bi-Polar, Learning disabilities, Autism spectrum sensory integration and executive function issues.

Bolick, Theresa PhD

***ASPERGER SYNDROME AND YOUNG CHILDREN: BUILDING SKILLS FOR THE REAL WORLD***

Fair Winds Press, 2004

Written by parents of 3-7 year olds, this is a "must read" book. Dr. Bolick provides lots of useful, real life, practical tips to parenting a child with Asperger Syndrome. Lots of stories & examples show how parents can help their child to succeed.

Romanowski Bashe, Patricia and Kirby, Barbara

***THE OASIS GUIDE TO ASPERGER SYNDROME***

Crown Publishers, 2001

Written by parents of children with Aspergers and founders of online Asperger syndrome information and support (OASIS) on the web. This book is a comprehensive guide to parenting a child with Aspergers.

Additional Books you may find of interest:

Mannix, Darlene

***SOCIAL SKILLS ACTIVITIES FOR SPECIAL CHILDREN***

Jossey Bass, 1993

142 ready to use worksheets to help students learn and apply basic social skills at home, school, among peers and in the community. (Examples -everyday manners, keeping friends, classroom vs. home rules)

Mannix, Darlene

***SOCIAL SKILLS FOR SECONDARY STUDENTS WITH SPECIAL NEEDS***

Jossey Bass, 1998

180 ready to use worksheets to help students learn & apply basic social skills at home, school, among peers and in the community. (Examples- listening, negotiating, compromising, "reading" people, making & keeping friends)

Rossen, Paul (Director)

***THROUGH THE SAME DOOR: INCLUSION INCLUDES COLLEGE (25 MINUTES)***

Dance of Partnership Publications, 2006

This award winning DVD introduces Micah, a 21 year old college student enjoying college life—making friends, participating in activities, volunteering. Documents Micah's desire to live a full life, without boundaries, while living with a cognitive disability.

Betts, Dion E. & Betts, Stacey W.

***YOGA FOR CHILDREN WITH AUTISM SPECTRUM DISORDERS: A STEP-BY-STEP GUIDE FOR PARENTS AND CAREGIVERS***

Jessica Kingsley Publishers, 2006

Written by parents of a child with Aspergers Syndrome, this book gives a step by step guide to using yoga to improve their son's attention, awareness of the environment and socialization skills.

Szatmari, Peter MD

***A MIND APART: UNDERSTANDING CHILDREN WITH AUTISM AND ASPERGER SYNDROME***

Guilford Press, 2004

Using a series of children as examples, Dr. Szatmari gives a window into how each child thinks and feels, providing insight into what they are trying to tell us with their behavior. A wonderful book for parents and professionals.

**VIDEO**

***ASPERGER SYNDROME: LIVING OUTSIDE THE BELL CURVE***

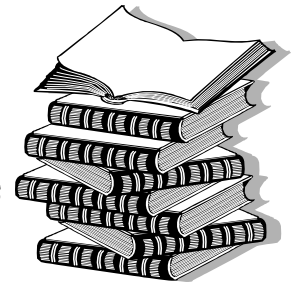
Attainment Company and Video Architects, 2001

This video looks at students with Aspergers in general and focuses in on a 12 year old boy. It explains the causes of, symptoms of, and strategies for coping with Aspergers. Demonstrated that with appropriate support it is possible for kids to succeed.

***FINDING OUT ABOUT ASPERGER SYNDROME, HIGH FUNCTIONING AUTISM AND PDD***

Jessica Kingsley Publishing, 1997

This book was written for teens and adults that have been newly diagnosed with Asperger Syndrome, PDD or high functioning autism. Written by a woman diagnosed as an adult, she has written this for teens with similar difficulties.



Willey, Liane Holliday

***PRETENDING TO BE NORMAL, LIVING WITH ASPERGER'S SYNDROME***

Jessica Kingsley Publishing, 1999

A mother who has A.S. describes growing up as well as parenting a child with Aspergers - Very hopeful and insightful book.

Fling, Echo R.

***EATING AN ARTICHOKE: A MOTHER'S PERSPECTIVE ON ASPERGER SYNDROME***

Jessica Kingsley Publishers, 2000

Written by a Mom, this book starts at the point where the school informs her "something isn't right with her son"... covers misdiagnosis, inadequate insurance, difficulties finding medical care, educational support and social issues.

Kowalski, Timothy

***THE SOURCE FOR ASPERGER'S SYNDROME***

Linguistystems, 2002

Provides the diagnostic criteria for Aspergers, how it differs from other specific disorders, profiles typical areas of difficulty and provides tips and teaching techniques from both academic and social skills areas.



Newport, Jerry & Mary  
***AUTISM-ASPERGER'S & SEXUALITY:  
PUBERTY AND BEYOND***

Future Horizons, 2002

The authors of this book were both diagnosed with Aspergers as adults. This guide is designed to assist young autistic adults and their caregivers.

Winner, Michelle Garcia, SLP

***INSIDE OUT: WHAT MAKES A PERSON WITH  
SOCIAL COGNITIVE DEFICITS TICK?***

Michelle Garcia Winner, 2000

Uses the "I Laugh" approach, initiation, listening/attention, abstract/inferential thinking, understanding perspective, getting the big picture, humor - To assist children with social cognitive deficits. Provides a framework and forms to use in the process.

Moyers, Rebecca

***INCORPORATING SOCIAL GOALS IN THE CLASSROOM -  
A GUIDE FOR TEACHERS AND PARENTS OF CHILDREN  
WITH HIGH FUNCTIONING AUTISM AND ASPERGER  
SYNDROME***

Jessica Kingsley Publishers, 2001

Practical hands on advice for addressing social goals within the classroom setting—appropriate methods for children with social skills deficit who do not have an autism spectrum disorder as well.

Lawson, Wendy

***LIFE BEHIND GLASS: A PERSONAL ACCOUNT OF AUTISM  
SPECTRUM DISORDER***

Jessica Kingsley Publishers, 1998

The author shares her experience of growing up with a disability and being diagnosed with Asperger Syndrome.

Bolick, Theresa

***ASPERGER SYNDROME AND ADOLESCENCE - HELPING  
PRE-TEENS AND TEENS GET READY FOR THE REAL  
WORLD***

Fair Winds Press, 2001

This book is written by a psychologist who specializes in Autism spectrum disorder. It is packed with practical advice and inspiring stories. For parenting 10-18 year olds.

Gerland, Gunilla Klin, Ami; Volkmar, Fred R. & Sparrow, Sara S.

***ASPERGER SYNDROME***

The Guilford Press, 2000

A comprehensive overview of Aspergers, including diagnostic issues, social development, educational issues, and treatment.

Attwood, Tony

***ASPERGERS SYNDROME - A GUIDE FOR PARENTS AND  
PROFESSIONALS***

Jessica Kingsley Publishers, 1998

Provides a description and analysis of the unusual characteristics of Aspergers with strategies for families and professionals.

Myles, Brenda Smith; Tapscott Cook, Katherine; Miller, Nancy E; Rinner, Louann; Robbins, Lisa A.

***ASPERGER SYNDROME AND SENSORY ISSUES***

Autism Asperger Publishing Co., 2000

Simple, yet comprehensive guide to sensory issues, full of useful strategies for addressing sensory issues in individuals with Asperger Syndrome.

