

NH Family Voices Lending Library

Books for Families about Adoption



NH Family Voices
(603) 271-4525 or toll free in NH
1-800-852-3345 Ext. 4525
www.nhfv.org

NH Family Voices has available the following books in the lending library. Children's books are marked with a ♥.

Books are sent through the mail, with a postage paid return envelope. For more information call 1-800-852-3345 X 4525

♥ Czech, Jan

THE COFFEE CAN KID

CWLA Publications, 2002

Annie and her adoptive father examine the treasured contents of a coffee can, which contains the links of her birth family, and they discuss the story of her adoption. Very touching story.

♥ Curtis, Jamie Lee

TELL ME AGAIN ABOUT THE NIGHT I WAS BORN

Joanna Cotler Books, 1996

This is a warm and tender story telling of the events of the night a young girl was born and her adoptive parents coming to see her for the first time.

♥ Kroll, Virginia

BEGINNINGS: HOW FAMILIES COME TO BE

Albert Whitman & Company, 1994

A book for children where parents and children discuss how their families came to be. Covers birth families and various kinds of adoptive families.

♥ Herbert, Stephon

I MISS MY FOSTER PARENTS

CWLA, Inc., 1991

Written by a young boy in foster care with his sister. This story tells how they feel when an adoptive family is found and they must leave their foster home.

Shilts, Donna

LOVE IS A START: THE REAL CHALLENGES OF RAISING CHILDREN WITH EMOTIONAL DISORDERS

Look Again Publishing, 1999

This is an uplifting story of an adoptive mother of two little boys, both labeled severely emotionally disturbed. She describes their challenging behaviors, and how she discovered what worked best for them through love and persistence.




Federici, Ronald S.

HELP FOR THE HOPELESS CHILD: A GUIDE FOR FAMILIES (WITH SPECIAL DISCUSSION FOR ASSESSING AND TREATING THE POST-INSTITUTIONALIZED CHILD)

Signature Book Printing, 2003

Written for parents who have adopted a child who suffered deprivation or abuse, this book provides an overview of the typical issues faced by families. (mental health needs, tips on working with providers, managing as a family)

 Note: The Family Resource Connection at the NH State Library, holds the library for the NDHHS, Division of Children, Youth and Families. They have an extensive selection of books addressing foster care and adoption.

To contact call: 1-800-298-4321.

♥ Lifton, Betty Jean

TELL ME A REAL ADOPTION STORY

Alfred A. Knopf, Inc., 1993

Here is a book for parents and children to share as they lay the foundation for a lifetime of communication about adoption. Helps parents understand their children's need to know the truth about themselves and have a sense of reality about their beginnings.

♥ Miller, Kathryn Ann

DID MY FIRST MOTHER LOVE ME? A STORY FOR AN ADOPTED CHILD

Morning Glory Press, 1994

Morgan's adoptive mother reassures her that she is loved by reading a letter written by her birth mother. A wonderful story for every adopted child who wonders about his/her birth parents. Includes a section: "talking with your child about adoption".

♥ Krementz, Jill

HOW IT FEELS TO BE ADOPTED

Alfred A. Knopf, Inc., 1991

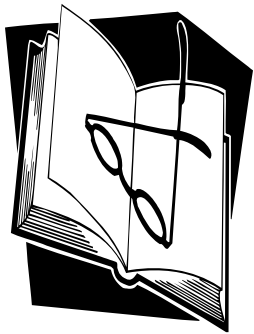
A group of adoptive children, of all ages and social backgrounds, confide their feelings, frustrations, difficulties and joys with stirring honesty. Will help adopted children to understand that their own emotions are normal and appropriate.

♥ Powledge, Fred

SO YOU'RE ADOPTED - A BOOK ABOUT THE EXPERIENCE OF BEING ADOPTED

Charles Scribner's Sons, 1982

Examines the personal concerns and questions that sometimes trouble adopted youngsters and their families. A bit outdated but interesting reading. Recommended for adolescents and older.



♥ Henderson, Patti
A BLESSING FROM ABOVE
Golden Books Publishing Co., 1999
A kangaroo longs to be a mother and her dream comes true when a baby bluebird unexpectedly falls into her pouch. The mother bluebird is happy to see her baby in such a warm and loving place.

♥ Simon, Norma
ALL KINDS OF FAMILIES
Albert Whitman & Company, 1976
Explores in words and pictures what a family is and how families vary in makeup and lifestyles.

♥ Gordon, Sol PhD
ALL FAMILIES ARE DIFFERENT
Prometheus Books, 2000
Beautifully illustrated book for children ages seven and older demonstrating the many different kinds of families.

♥ Chara, Kathleen & Chara, Paul J.
A SAFE PLACE FOR CALEB: AN INTERACTIVE BOOK FOR KIDS, TEENS, ADULTS WITH ISSUES OF ATTACHMENT, GRIEF AND LOSS, OR EARLY TRAUMA
Jessica Kingsley Publishers, 2005
One half of the book follows Caleb, a young boy who talks about his difficulties with relationships. He learns strategies and is introduced to "four healing keys". Very simple text, even for young children. The second half of the book provides a variety of tips and tools.

Lacher, Denise B.; Nichols, Todd; May, Joanne C.
CONNECTING WITH KIDS THROUGH STORIES: USING NARRATIVES TO FACILITATE ATTACHMENT IN ADOPTED CHILDREN

Jessica Kingsley Publishers, 2005
A "how to" book for parents whose children's early development has left them difficult to reach. This book guides parents into the use of therapeutic stories to engage their children and promote attachment.

Stoller, John
PARENTING OTHER PEOPLE'S CHILDREN: UNDERSTANDING AND REPAIRING REACTIVE ATTACHMENT DISORDER
Vantage Press, 2006
Dr. Stoller identifies the underlying problem as a lack of trust, and creates a model for families to use to address behavior. Very positive message "Don't Give Up!"

Thomas, Nancy L.
WHEN LOVE IS NOT ENOUGH: A GUIDE TO PARENTING WITH RAD—REACTIVE ATTACHMENT DISORDER
Nancy L. Thomas, 2005
Written by a therapeutic parenting specialist who has for 20 years shared her life and home with children with RAD, this book provides many wonderful tips for building the parent—child relationship and healing the child.

Levy, Terry M.; Orlans, Michael
ATTACHMENT, TRAUMA AND HEALING: UNDERSTANDING AND TREATING ATTACHMENT DISORDER IN CHILDREN AND FAMILIES
CWLA Press, 1998
This book examines the causes of attachment disorder, and discusses effective solutions. Covers evaluation, diagnosis, training and education of caregivers and early intervention programs.