

♥ Quinn, Patricia O. MD

***ADOLESCENTS AND ADD - GAINING THE ADVANTAGE***

Magination Press, 1995

Addresses the particular concerns of adolescents with ADD and offers coping strategies through personal stories. Gives a better understanding of ADD and provides valuable advice on achieving success in and out of the classroom.

♥ Zeigler Dendy, Chris A. & Zeigler, Alex

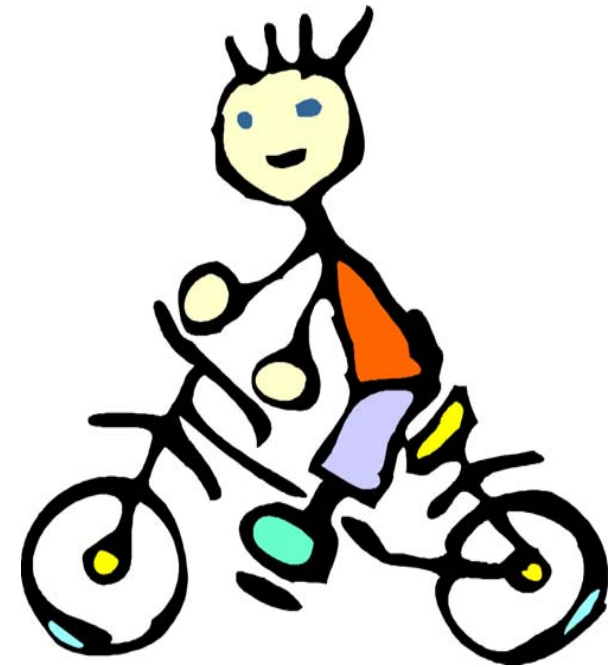
***A BIRD'S EYE VIEW OF LIFE WITH ADD AND ADHD:  
ADVICE FROM YOUNG SURVIVORS (A REFERENCE BOOK  
FOR CHILDREN AND TEENS)***

Cherish the Children, 2003

Written by twelve teens and a young adult, this book is full of advice on managing school, homework, asking for and accepting help, and medication issues. Appendix contains helpful information on executive function, a graphic organizer for writing an essay.

*NH Family Voices Lending Library*

## **Books for Children about ADD/ADHD**



NH Family Voices  
toll free in NH: 1-800-852-3345 Ext. 4525  
or (603) 271-4525  
nhfv@yahoo.com  
www.nhfv.org

NH Family Voices has the following books & videos.  
Books can be requested by phone or via our website, and are sent through the mail, with a return postage paid envelope.

---

♥ Moss, Deborah M.

***SHELLEY, THE HYPERACTIVE TURTLE***

Woodbine House, 1989

After his mother takes him to the doctor, Shelley the turtle begins to understand why he feels so jumpy and wiggly inside that he can't stay still.

♥ Galvin, Matthew, M.D.

***OTTO LEARNS ABOUT HIS MEDICINE***

Magination Press, 1988

Otto, a fidgety young car that has trouble paying attention in school, visits a special mechanic who prescribes a medicine to control his hyperactive behavior.

♥ Quinn, Patricia O.

***PUTTING ON THE BRAKES: YOUNG PEOPLE'S GUIDE TO UNDERSTANDING ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD).***

Magination Press, 1991

A guide to understanding and gaining control over attention deficit hyperactivity disorder.

♥ Ingersoll, Barbara D. PhD.

***DISTANT DRUMS, DIFFERENT DRUMMERS - A GUIDE FOR YOUNG PEOPLE WITH ADHD***

Cape Publications, 1995

A positive perspective on ADHD: one that stresses the values of the individual differences.

♥ Nemiroff, Marc A. PhD & Annunziata, Jane PsyD.

***HELP IS ON THE WAY—A CHILD'S BOOK ABOUT ADD***

Magination Press, 1998

Explains ADD to children & some of the ways it can be handled.

♥ Penn, Audrey

***A.D.D. NOT B.A.D.***

Child & Family Press, 2003

Written for children ages 5-9, this book shows Mr. Jugador, a teacher, explaining to Jimmy Jumpingbean's classmates what it is like to be in Jimmy's shoes. Cute story.

♥ Kraus, Jeanne

***CORY STORIES: A KID'S BOOK ABOUT LIVING WITH ADHD***

Magination Press, 2005

In a direct manner, Cory talks about problems he had with friends, paying attention at school, remembering chores and homework, as well as how he learned to work on them. This is a great book for children ages 6-11 who are newly diagnosed with ADHD.

♥ Copeland, Lori PhD

***HUNTER AND HIS AMAZING REMOTE CONTROL: A FUN, HANDS-ON WAY TO TEACH SELF-CONTROL TO ADHD CHILDREN***

Youthlight, 2005

This is an activity guide and story. Hunter creates and uses his own remote control to help him filter out distractions (change channels), pause (stop, think), fast forward (think before acting), slow motion (solve problems) and use positive self talk.

♥ Fattig, Michelle

***VIVA LE RESISTANCE!***

Flower by the Water Publishing, 2007

Annie, who is in 8th grade, describes what it is like to have ADD. She talks about bullies, peer pressure, "cliques" & making good choices.

♥ Nadeau, Kathleen G. PhD

***SURVIVAL GUIDE FOR COLLEGE STUDENTS WITH ADD OR LD***

Magination Press, 1994

A nice guide for students planning the transition to college with tips on choosing a school, organizing time and getting work done.

♥ Loski, Diane

***THE BOY ON THE BUS***

Writers Press Service, 1994

Margo & Corey take the same school bus. One day Corey falls and Margo helps him to the nurse's office. She learns not only that Corey has ADD, but what that means and how it affects his behavior at the bus stop. Margo and Corey become good friends.

♥ Caffrey, Jane Andras

***FIRST STAR I SEE***

Verbal Images Press, 1997

Trying to win a school contest helps bright, imaginative Paige realize that fixing her "focusing knob" will compensate for her ADD. Reading level is about 10 years and up.

♥ Weiner, Ellen

***TAKING ADD TO SCHOOL***

JayJo Books, 1999

Ben, a third grader, talks about struggling to pay attention, wait his turn and to be organized in second grade and how this led to his diagnosis with ADD. Discusses his use of medication, not on weekends, and how it helps. Teachers tips included ages 5-10.

♥ Gantos, Jack

***JOEY PIGZA SWALLOWED A KEY***

Haper Trophy/Harper Collins Publisher, 1998

Joey can't sit still, he can't pay attention, he can't follow the rules, and he can't help it... especially when his meds aren't working. Joey has all kinds of problems at school and he knows he's a good kid, will he ever get anything right?

♥ Fox, Janet S.

***GET ORGANIZED WITHOUT LOSING IT***

Free Spirit, 2005

Geared for children ages 8-13, this gives tips on organizing a desk, locker, backpack, homework and time. Also tips on taking notes and managing distractions.

♥ Gordon, Michael, PhD

***MY BROTHER'S A WORLD CLASS PAIN: A Sibling's Guide to ADHD/Hyperactivity***

GSI Publications, Inc., 1992

A sibling's perspective on living with a brother or sister with ADHD. Children will likely see many of their own frustrations and resentments voiced by Timmy's sister. Also, introduces many of the basic concepts involved in understanding ADHD.

♥ Nadeau, Kathleen G., PhD & Dixon, Ellen B., PhD

***LEARNING TO SLOW DOWN AND PAY ATTENTION***

Chesapeake Psychological Publications, 1993

Illustrated with cartoons and activity pages to engage your child's interest. This book helps children identify problems and explains how parents, doctors, and teachers can help. A very practical and useful tool in helping children.

♥ Gehret, Jeanne

***I'M SOMEBODY TOO***

Verbal Images Press, 1992

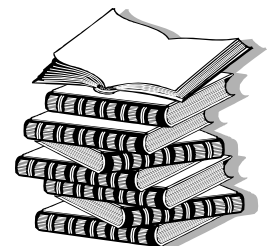
When her brother Ben responds to therapy for ADD, Emily feels he no longer needs her and wonders about her family role. A fascinating picture of how a child's mind and emotions work under stress. Accurately portrays a sibling who feels left out and alone.

♥ Wood, Trish MD

***BOHD: A CHILD'S PERSPECTIVE ON ADHD***

Tate Publishing & Enterprises, 2008 Parker talks about being diagnosed with "ADHD" when he was in kindergarten. There were so many things to look at, so many exciting things he wanted to tell people, that it was hard to do his work.

Very positive, simple story to share with your child.



♥ Shapiro, Lawrence E., PhD

***SOMETIMES I DRIVE MY MOM CRAZY, BUT I KNOW SHE'S CRAZY ABOUT ME - A Self-Esteem Book for AD/HD Children***

The Center for Applied Psychology, Inc., 1993

A heartwarming & amusing story of a boy who develops a sense of self-worth by learning to deal with problems with the help of the adults who care for him.

♥ Janover, Caroline

***ZIPPER: THE KID WITH ADHD***

Woodbine House, 1997

Zack, a fifth grader who has AD/HD, has trouble controlling himself & concentrating until a retired jazz musician who believes in him, gives him the motivation to try to do better.

♥ Smith, Mark

***PAY ATTENTION SLOSH***

Albert Whitman and Co. 1997

Eight year old Josh hates being unable to concentrate or control himself, but with the help of his parents, teacher, and a doctor, he learns to deal with his condition.

♥ Roberts, Barbara A.

***PHOEBE FLOWER'S ADVENTURES: THAT'S WHAT KIDS ARE FOR***

Advantage Books, 1998

In this first of a four book series, we meet Phoebe, a second grader who is having a little trouble at school. Follow along as Phoebe has a note home showing she can also be a hero.

♥ Roberts, Barbara A.

***PHOEBE FLOWER'S ADVENTURES: PHOEBE'S LOST TREASURE***

Advantage Books, 1999

In this second of a four book series, Phoebe takes on third grade. Phoebe loses a treasure in the story, but as she looks for it, finds an even bigger treasure, within herself.

♥ Roberts, Barbara A.

***PHOEBE FLOWER'S ADVENTURES: PHOEBE'S BEST BEST FRIEND***

Advantage Books, 2000

In this third of a four book series, Phoebe continues her adventures in learning the ups and downs of friendship with other girls. Her impulsivity and distractibility at school lead to a conversation about "ADD".

♥ Roberts, Barbara A.

***PHOEBE FLOWER'S ADVENTURES: PHOEBE'S TREE HOUSE SECRETS***

Advantage Books, 2002

In this last of a four books series, Phoebe is seeing the school psychologist and talking about ADD, amidst her usual, fun adventures. This is a nice series for girls, ages 7-10 with ADHD.

♥ Gehert, Jeanne

***EAGLE EYES: A CHILD'S GUIDE TO PAYING ATTENTION***

Verbal Images Press, 1991

Like a river overflowing its banks, Ben wreaks havoc until he learns to recognize and control his attention deficit disorder. Expressive illustrations with a nature theme enhances this tale for reluctant readers.

♥ Goldstein, Sam

***SOME KIDS JUST CAN'T SIT STILL!***

Specialty Press Inc., 2009

If you know a child who moves, fidgets and spills, this is a fun and informative story to share with him / her. An upbeat way to explain that ADHD is just a part of him / her, and that there are ways to help.