

NH Family Voices Lending Library

Books For Parents and Professionals on ADD/ADHD



NH Family Voices
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NH Family Voices has available the following books & videos in the lending library. Books are sent through the mail, with a return postage paid envelope.

Quinn, Patricia O. MD

ADOLESCENTS AND ADD - GAINING THE ADVANTAGE

Magination Press, 1995

Addresses the particular concerns of adolescents with ADD & offers coping strategies as well as personal stories. Gives a better understanding of ADD and provides valuable advice on achieving success in and out of the classroom.

Wodrich, David L. Ph.D.

ATTENTION DEFICIT HYPERACTIVITY DISORDER

Paul H. Brooks Publishing Co., Inc. 1994

This insightful guide prepares you for the challenges you face at home & school, empowers you to make informed decisions about intervention and education. Reaffirms your role in actively encouraging your child's success. Checklist and case examples.

Taylor, Blake E.S.

ADHD & ME: WHAT I LEARNED ABOUT LIGHTING FIRES AT THE DINNER TABLE

New Harbinger Publications, 2007

Written in his final two years of high school, Blake provides an honest memoir of his life with ADHD. He shares the good & the bad, with honesty and humor.

Osman, Betty B.

NO ONE TO PLAY WITH: SOCIAL PROBLEMS OF LD AND ADD CHILDREN

Academic Therapy Publications, 1995

The author addresses what makes social interactions difficult for some children with ADD or LD and offers suggestions for parents and educators.

VIDEOS / DVDS

Phelan, Thomas W. PhD

1-2-3 MAGIC: EFFECTIVE DISCIPLINE FOR CHILDREN 2-12

Child Management, Inc., 1995

A good method of handling misbehavior and not getting caught in the parent-child fights. This method also gives positive feedback to children. (VHS 120 minutes long).

Phelan, Thomas W. PhD

1-2-3 MAGIC: MANAGING DIFFICULT BEHAVIOR IN CHILDREN 2-12

Parent Magic, Inc. 2004

Much like the first video (above) but a bit updated. (DVD)

Phelan, Thomas W. PhD

MORE 1-2-3 MAGIC: ENCOURAGING GOOD BEHAVIOR, INDEPENDENCE AND SELF-ESTEEM

Parent Magic, Inc. 2004

Much like the first video (above) but a bit updated. (DVD)

Brown, Thomas PhD

FEARS & PREJUDICES ABOUT AD/HD

Spectrum Science Public Relations

Dr. Thomas Brown leads a discussion about the fears and prejudices of AD/HD which prevent people from seeking treatment. Discusses diagnosis and effectiveness of treatment for children, adolescents and adults. (VHS)

AUDIO CASSETTE

Hallowell, Edward M. MD and Raty, John J. MD.

DRIVEN TO DISTRACTION

Book on tape. Recognizing and coping with ADD from childhood through adulthood.

Mooney, Jonathan & Cole, David

LEARNING OUTSIDE THE LINES: TWO IVY LEAGUE STUDENTS WITH LEARNING DISABILITIES AND ADHD GIVE YOU THE TOOLS FOR ACADEMIC SUCCESS AND EDUCATIONAL REVOLUTION

Fireside, 2000

Written by two students who were "academic failures", and went on to successful college careers. This book is full of tips for other students, who, like them, may "learn outside the lines."

Phelan, Thomas W PhD

ALL ABOUT ATTENTION DEFICIT

Child Management, 1993

This comprehensive guide gives parents, teachers, pediatricians and mental health professionals the facts and resources they need to effectively work with ADD. Presents the material with depth and humor.

Kilarr, Patrick J. PhD and Quinn, Patrick O. MD

VOICES FROM FATHERHOOD: FATHERS, SONS AND ADHD

Brunner/Mazel, Inc., 1997

A book for fathers of children with ADD/HD this book addresses some of the stress between husbands and wives as well as father and child. Invaluable for helping fathers towards a more complete and satisfying relationship with their entire family.

Cohen, Michael E. MD

THE ATTENTION ZONE: A Parent's Guide to Attention Deficit-Hyperactivity Disorder

Taylor & Francis, 1998

An accessible and practical book that provides parents with facts, advice and guidance in raising children with AD/HD. Includes diaries and forms for a family to use together.

Ingersoll, Barbara D., Ph.D. and Goldstein, Sam Ph.D
ATTENTION DEFICIT DISORDER AND LEARNING DISABILITIES - REALITIES, MYTHS AND CONTROVERSIAL TREATMENTS

Double Day Publishing, 1993

This comprehensive handbook details the causes, symptoms and diagnosis, then explores and critiques the possible treatments - from medication to EEG Biofeedback. Evaluates the effectiveness of treatments as well as demystifies the confusing scientific jargon.

Zeigler Dendy, Chris A. MS

TEENAGERS WITH ADD: A PARENTS' GUIDE

Woodbine House, 1995

This guide discusses some of the typical troubling behaviors of the teen years and assists in determining when ADD is a reason for some of the issues.

Flick, Grad L. PhD

POWER PARENTING FOR CHILDREN WITH ADD/ADHD: A Practical Parent's Guide for Managing Difficult Behaviors

The Center for Applied Research in Education, 1996

Written in clear, non technical language, this guide provides practical real-life techniques and activities to help parents. Includes information on medications, innovative therapies and more... plus 5 simple games parents can play with their children to build skills.

Taylor, John F. Ph.D

HELPING YOUR HYPERACTIVE / ATTENTION DEFICIT CHILD

Prima Publishing, 1990, 1994

This book is written to help parents & professionals learn about the many effective ways to deal with & even overcome ADD/ADHD. Details the strengths and weaknesses of various approaches.

Phelan, Thomas W., Ph.D.

1-2-3 MAGIC: TRAINING YOUR CHILDREN TO DO WHAT YOU WANT! (3RD EDITION)

Child Management, Inc., 2003

Addresses the difficult task of child discipline with humor, keen insight & proven experience. Provides easy to follow steps for disciplining children ages 2-12 without yelling, arguing or spanking.

Kennedy, Patricia; Terdal, Leif Ph.D & Fusetti, Lydia, MD.

THE HYPER-ACTIVE CHILD BOOK

St. Martin's Press, 1993

Information on evaluation, treatment and strategies for working with a child having ADHD.

Fowler, Mary Cahill

MAYBE YOU KNOW MY KID: A PARENTS' GUIDE TO IDENTIFYING, UNDERSTANDING AND HELPING YOUR CHILD WITH ATTENTION-DEFICIT/HYPERACTIVITY DISORDER

Carol Publishing, 1995 (2nd edition)

Describes the scientific advances and breakthroughs around ADHD, changes in education and examines the school's role in assessing children. Provides material on adults with ADHD and the problems they experience.

Barkley, Russell A. PhD.

TAKING CHARGE OF ADHD: THE COMPLETE AUTHORITATIVE GUIDE FOR PARENTS

Guilford Press, 1995

Empowers parents by arming them with the most up-to-date information, expert advice & the confidence they need to ensure that their child receives the best care possible. Attempts to cut through myths & misinformation about ADHD.

Pfiffner, Linda J. PhD

ALL ABOUT ADHD: THE COMPLETE PRACTICAL GUIDE FOR CLASSROOM TEACHERS

Scholastic Professional Books, 1996

This book provides a nice overview of ADHD, with some clear case examples. It also is full of very specific tips on setting up the classroom, working on breaking down assignments, partnering with parents and addressing behavior issues.

Reiff, Micheal I., MD, FAAP Editor in Chief, with Tippins, Sherill

ADHD: A COMPLETE AND AUTHORITATIVE GUIDE

American Academy of Pediatrics, 2004

This is a thorough guide on ADHD, which answers the common questions about diagnosis and treatment. Tips on educational issues, parenting skills, behavior and coexisting conditions, such as learning disabilities, are also provided.

Kutscher, Martin L. MD

KIDS IN THE SYNDROME MIX OF ADHD, LD, ASPERGERS, TOURETTE'S, BIPOLAR AND MORE! : THE ONE STOP GUIDE FOR PARENTS, TEACHERS AND OTHER PROFESSIONALS

Jessica Kingsley Publishers, 2005

A concise, up-to-date guide on a range of disorders in children.

Armstrong, Thomas PhD

THE MYTH OF THE A.D.D. CHILD: 50 WAYS TO IMPROVE YOUR CHILD'S BEHAVIOR AND ATTENTION SPAN WITHOUT DRUGS, LABELS, OR COERCION

Dutton Books, 1995

Challenging the overuse of medication and identification of children with ADD, Dr. Armstrong provides 50 innovative, safe ways to help children develop internal behavior controls. Includes an easy to follow check list for tracking success.

Silver, Larry MD

DR. LARRY SILVER'S ADVICE TO PARENTS ON ADHD

Times Books (Random House), 1999 (Second Edition)

A practical guide for parents, this book answers questions many have when they suspect that their child has ADHD. Information on causes, diagnosis, treatment, working with the school and managing a child's behavior as well as supporting the whole family.

Jacobs, Edward H.

FATHERING THE ADHD CHILD: A BOOK FOR FATHERS, MOTHERS, AND PROFESSIONALS

Jason Aronson, Inc., 1998

Recognizing that mothers and fathers often differ in how they parent, this book is a valuable resource for parents who want to provide consistency that a child with ADHD needs. Lots of clear examples and outlines the critical role Dads can play.

Timmerman, John H.

REAL SOLUTIONS FOR LIVING WITH ADHD

Vine Books, 2002

This book approaches ADHD from a very Christian point of view, combining information with advice for daily living with spiritual guidance.

Parker, Harvey C. PhD

THE ADD HYPERACTIVITY WORKBOOK: FOR PARENTS, TEACHERS, AND KIDS

Specialty Press, Inc., 1994 (2nd Edition)

Written by the co-founder of C.H.A.D.D. this is a very easy to follow guide to ADD. It includes basic information as well as tips and tools that are helpful to both parents and professionals.

Hartmann, Thom

ATTENTION DEFICIT DISORDER: A DIFFERENT PERCEPTION

Underwood Books, 1997

Offers a new view of ADD by comparing persons with ADD to "Hunters" and non-ADD as "Farmers". Includes a survival guide for adults with ADD and practical advice for teachers and parents. Very positive and empowering.

Zeigler Dendy, Chris A. MS

TEACHING TEENS WITH ADD AND ADHD - A QUICK REFERENCE GUIDE FOR TEACHERS AND PARENTS

Woodbine House, 2000

This book contains 75 concise summaries of key issues related to ADD/HD and school success. Good outline such as classroom structure, classroom rules, building rapport and transition.

McConnell, Kathleen & Ryser, Gail

PRACTICAL IDEAS THAT REALLY WORK FOR STUDENTS WITH ADHD (GRADES 5 THROUGH 12)

Pro-Ed, 2005

Includes an evaluation & rating form, and 37 great tips on dealing with everything from behavior, organization, use of visual warnings, self management, contracts, homework, test-taking, and note-taking. While designed for teachers, parents will find this very helpful too.

National Institutes of Mental Health

ATTENTION DEFICIT HYPERACTIVITY DISORDER

2003

This guide provides a nice overview of ADHD, including some simple behavioral interventions.

American Academy of Pediatrics; NICHQ Initiative & McNeil
Consumer & Specialty Pharmaceuticals.

***ADHD: CARING FOR CHILDREN WITH ADHD: A RESOURCE
TOOLKIT FOR CLINICIANS***

2002

Designed for clinicians, this kit includes practical tools such as a symptom checklist (for parent and school), guidance in choosing therapy and examples of written management plans.

Shire US, Inc.

ADHD AND THE FAMILY: A BLUEPRINT FOR SUCCESS

Shire US, Inc., 2002

This booklet discusses the causes, diagnosis of ADHD, as well as treatment with medication & education. Parenting issues also addressed. Easy to read, informative.

ADHD STRATEGIES: A PARENT'S GUIDE

Novartis Pharmaceuticals, 2003

A helpful, simple guide covers diagnosis, treatment, tips for school, home life, improving self-esteem and social skills.

***MANAGING ADHD IN THE CLASSROOM: A GUIDE FOR
TEACHERS AND PARENTS***

Shire US, Inc., 2002

Offers teachers and parents tips for managing academic, social and psychological issues in the classroom and at home.

Weingartner, Paul

ADHD HANDBOOK FOR FAMILIES

CWLA Press, 1999

Practical guide for families, with very concrete tips on developing intervention strategies, behavior plans, and deciding when to use medication. The author has extensive experience working with the ADHD population and has ADHD himself.

Hallowell, Edward M., MD and Ratey, John MD

***DRIVEN TO DISTRACTION: RECOGNIZING AND COPING
WITH ATTENTION DEFICIT DISORDER FROM CHILD-
HOOD TO ADULTHOOD***

Simon and Schuster, 1994

A very readable thorough book on ADD. Covers inattentive and hyperactive types, family perspective and treatment.

Hallowell, Edward M. MD & Ratey, John J. MD

***DELIVERED FROM DISTRACTION: GETTING THE MOST
OUT OF LIFE WITH ATTENTION DEFICIT DISORDER***

Ballantine Books, 2005

A very thorough follow up to "Driven to Distraction", this book discusses diagnosis, treatment (medication, diet, exercise) as well as strategies for dealing with procrastination, clutter, and chronic forgetfulness.

Tanner, TB & Hammer, J.

ADHD: A GUIDE FOR FAMILIES

Clinical Tools, Inc., 1998

A short booklet that outlines ADD/ADHD

Frank, Kim ED.S, LPC and Smith-Rex, Susan J, ED.D

***ADHD: 102 PRACTICAL STRATEGIES FOR "REDUCING
THE DEFICIT"***

Youthlight, 2001 (Second Edition)

Provides a very clear description of ADHD and treatment. 102 tips address everything from self monitoring to homework and maintaining friendships. Great reproducible handouts for assisting students both at school and home.

